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Issue No 111
Available from Wednesday,
October 28, 2009



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FLYING RYAN JUST CHAMPION

A Lydd teenager has been crowned a motor-racing champion after a thrilling finish during a nail-biting season finale.

Wayne Ryan, 13, was crowned the 2009 Aprilia Superteens Champion after battling it out with other youngsters aboard their 125cc bikes.

He didn't make it easy for himself after only qualifying in 20th place, but he was able to fight his way to the front row and crossed the line in tenth place during race one, at Rockingham in Northamptonshire.

Race two saw him go up one place further, before finishing in eighth in the third race and ninth again in the fourth, taking the Aprilia Superteen Championship on points in the most dramatic circumstances.

■ BY JAMES ALEXANDRE

ANGER and frustration at the "undemocratic conduct" of the district's planning process has led to a specially-arranged public meeting in the wake of two controversial applications.

Last week Shepway council approved plans for 75 new homes in the grounds of the Hythe Imperial Hotel and deferred a decision on a 5,500 sq ft Sainsbury's superstore in the town's Military Road.

Hythe town councillor Richard Carroll resigned in protest at the behaviour of some of his colleagues, who spoke in favour of the plans despite the town council's opposition.

He is now set to speak at the event, organised by the Shepway Environment and Community Network, alongside Protect Kent's deputy director, Sean Furey.

David Plumstead, of the SECN, said: "Residents of Hythe and other Shepway communities are becoming increasingly frustrated and concerned at the management and undemocratic conduct on the planning process in the district."

"Our part of the Garden of England is rapidly disappearing under concrete and bricks and the wishes of the communities are being ignored."

He said in addition to plans for the A20 lorry park and 8,000 homes to be built in Lympe, Sellindge and surrounding villages, the system "effectively excludes communities and the public from any meaningful participation in the decision-making process."

Mr Plumstead said: "Very few, if any, of the
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Printed by Newsfax

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Tales of 'crime and disorder' at Co-op store

■ BY JAMES ALEXANDRE

A CO-OP in Folkestone is believed to be the first in the country to have its licence reviewed, after reports of alcohol fuelled late-night assaults and arrests.

The Cheriton Road branch is to have its licensing conditions looked at by a three-panel committee at Shepway council this afternoon (Wednesday) after earlier restrictions were put in place this month.

Police have asked councillors to restrict the 24-hour shop to selling alcohol only between 7am-11pm seven days a week, on the grounds of "serious crime and disorder".

Since the initial restrictions were imposed, police have catalogued a host of incidents as evidence to show why they should be made permanent.

Their report contains details of scuffles and fights breaking out between customers while queuing to be served, often ending in someone being knocked to the floor unconscious.

Other incidents caught on Co-op and council CCTV cameras include groups of people fighting outside the shop late at night while drinking alcohol or waiting to be served through the hatch.

One incident in the early hours of Saturday, September 26, described a confrontation in which items were thrown and people punched each other, with one man holding a bottle by the neck and threatening to use it.

In a letter to the committee from a woman who lives in nearby Brockman Road, it is said the noise and crime rate had increased since the 24-hour selling of alcohol began.

She said: "I have had my car aerial broken, car scratched and dented, my front wall has had bricks removed and beer cans and food wrappers have been left on my walls."

"I have seen a man urinating against my wall while holding a gun,



MAKING STRIDES: PC Chris Stephens says licensing restrictions are making a difference

fights in the street, women being attacked, and various punch-ups at all hours of the night."

She said the night licence only encouraged people to hang out on the corner and the area already had social problems due to drink and drugs.

In its representation to the committee, the Co-operative Group said it was "concerned and troubled" at the events and said it took its responsibilities in the sale of alcohol extremely seriously.

It said all staff had induction training, including in asking customers who look 25 or under to show ID, and there was a CCTV system covering all areas, footage of which was kept for four weeks.

The Co-op said: "Whilst the society takes its responsibilities in relation to the sale of alcohol extremely seriously, it does not feel it can be held responsible for the behaviour of customers when away from its premises."

Another off-licence, Gillespie's in Harbour Road, recently had its hours of sale restricted to between 10am-10pm on Fridays, Saturdays and bank holidays after a brawl broke out.

Licensing officer PC Chris Stephens said that there had since been a significant reduction in antisocial behaviour and the changes had been welcomed.

Planning anger

CONTINUED FROM FRONT PAGE

letters people write are seen properly or at all by councillors unless they are mailed directly to their homes as the 'system' doesn't provide a realistic opportunity or enough time for them to read and consider them. If they did, they might be surprised at what their constituents think."

He said developers and Shepway council discussed applications behind closed doors for over a year before the public got to hear them, adding "We are then given just three weeks to do our homework".

He continued: "It's an outrageous abuse of power, an insult to our intelligence and our standing as electors and it puts up two fingers to the members of the communities which pay the wages of Shepway council officers and elect the members of the development control committee. It has got to change."

Hythe Tory councillor Richard Carroll resigned last Wednesday, accusing his party colleagues of hypocrisy after the previous night's planning meeting.

Hypocrisy

He said town and district councillor David Owen and others should have been supportive of Hythe town council's position against the plans, rather than speaking for the development.

A Shepway spokeswoman told this newspaper: "We are required to determine most planning applications in eight-13 weeks for major applications."

"We believe the three-week public consultation period for objectors and supporters is perfectly acceptable given these time frames. And we are prepared to be as flexible as we can if there are good reasons people cannot meet the three-week period."

"Regarding the comment about only one objector being able to speak - only one supporter is allowed to speak. We believe this provides both sides with equal opportunity."

"The time necessary for discussion between our officers and applicants will vary considerably from application to application."

"Members of our development control committee are diligent and dedicated and to accuse them of not being aware of public opinion is risible."

"All public responses to any planning application due to go before the committee are either summarised in the report or, if received after the report has been published, are sent out separately to all members ahead of the meeting. Very late responses are reported at the meeting."

"We have had considerable communication with Mr Plumstead as part of the development of the LDF core strategy, including one-to-one meetings with our planning officers."

• The public meeting is due to take place at Hythe Town Hall on Wednesday, November 25, at 7pm

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Happier times for Folkestone

Resort's not like Dresden any more, says author

■ BY STEVE KNIGHT

AWARD-winning writer Vitali Vitaliev has compared his former home town of Folkestone to the once-flattened German city of Dresden.

The 55-year-old Ukrainian spent a year in Kent earlier this decade and described the coastal resort as a "depressed and desperate" place, similar to Dresden after it sustained heavy bombing in the Second World War.

However, Mr Vitaliev – who was forced to leave the Soviet Union in 1990 following months of persecution by the KGB – said both had now recovered and were fascinating places to visit.

Speaking to KOS Media to promote his new book *Life as a Literary Device: A Writer's Manual of Survival*, Mr Vitaliev revealed how the regeneration of Folkestone had similarities with his own life.

He said: "It's a wonderful story in itself. I ended up there in 2003 as a result of the most painful personal crisis I've ever had to go

through, which was a separation with three little children involved. I stayed in Folkestone and I was quite unhappy and lonely, and the town was depressed and desperate, too. In a

funny way it helped me to recover very slowly and surely, and by the time I left for Ireland a year later the town was also showing signs of recovery.

"I kept returning every year and it was like magic, really. As I became stronger and more optimistic, Folkestone was the same.

"The highlight for me was when I came with my kids to the Triennial last year, and it was just a totally different place. It was full of confidence and buzzing with life. It was an amazing town.

"It's a survival town and I even compare it to Dresden in the book, which is not so far-fetched. All towns have souls, and crises of the soul are

often the hardest ones to cope with.

"Folkestone was going down the drain when I lived there, like so many other coastal towns in Kent and the rest of the British Isles."

Born in Kharkov in 1954, Vitaliev made a name for himself writing satirical journalism and exposing the activities of organised crime and corruption in the collapsing Soviet Union.

He moved to Australia after being forced out of the country in 1990 and eventually surfaced in the UK, where he has remained ever since.

The author of 11 books, Mr Vitaliev has also made a name for himself by appearing on television programmes such as *Have I Got News For You* and *Saturday Night Clive*.

Adrenaline

He said of his defection from the USSR: "It was difficult and it was scary, but it gave me some adrenaline and I think it's great that I had to leave. I should have done it earlier.

"Looking back, it was the best thing that has ever happened to me, but it's a distant memory now and the book is not really about that at all. It's more about the internal enemies I have had to face, which are the hardest to deal with.

"I'm very happy now, though, and I think this book could only have been written by a happy person. You can only write about a crisis in your life when you are out of it."

At 3.30pm on Saturday, November 14, Mr Vitaliev will be returning to Kent to give a talk about *Life as a Literary Device* as part of the Folkestone Book Festival, most of which is being held in Quarterhouse.

He said: "I always enjoy coming back, which makes me pinch myself because I used to hate it here.

"I used to come back from London on the train and everything used to fall inside me whenever I was within about 10 miles of the place. But now I love it and I can look back on the town without any regret and without any pain."



NO REGRETS NOW: Ukrainian author Vitali Vitaliev

Experts puzzled as 500 fish die

THE death of hundreds of fish at a lake near Hythe has baffled officials.

Suspicion is that a natural phenomenon, rather than pollution, is responsible for the deaths of 500 fish at Palmarsh Fishery.

The private 55-acre lake, next to the Romney, Hythe and Dymchurch Railway, is up to 10 metres deep in places.

Agency officials and fisheries officers used aeration equipment to boost oxygen levels in the lake and took samples to determine the cause.

They were looking to see if there were any algae which can change conditions, leading to fish deaths.

Myles Robinson, the agency's fisheries technical officer, said: "It's always devastating when fish die on this scale and we are working closely with the fishery owner to try to figure out exactly what happened to cause the deaths.

"Palmarsh Fishery is a very large fishing lake and the problem could be a localised one, which makes it difficult to establish the cause.

"We are working to boost oxygen levels in the lake to give remaining fish a better chance of survival and will continue investigating the cause of this incident until we are satisfied we know what happened.

"If anyone sees fish in distress or is aware of another environmental incident, we urge them to contact us on 0800 80 70 60."

Power plant security guards given tasers

ARMED police with Taser stun-guns and powers to arrest and spy on protestors are patrolling around Dungeness power station, it has been revealed.

The force, which has guards in place at reactors throughout the country, was reported in *The Guardian* last week as being financed to the tune of £57 million by the nuclear industry.

Almost a fifth of this, according to the paper, is provided by British Energy, the operator of the Dungeness plant, which is owned by EDF. The site is being considered by the Government for one of the next generation of nuclear power plants.

The Civil Nuclear Constabulary (CNC), the name given to the force, had spent £1.4m on weapons and ammunition in the past three years, in documents released under the Freedom of Information Act.

Its officers are equipped with high-powered guns and Tasers and patrol up to a three-mile perimeter outside nuclear plants.

They have the same powers as other British police officers such as arrest and stop-and-search and also gather intelligence, based on preventing terrorism.

But news of the force's influence

and surveillance activities has worried green campaigners, who are expected to protest against the new developments.

Ben Ayliffe, head of Greenpeace's anti-nuclear campaign, told *The Guardian*: "There are very obvious worries about an armed police force that is accountable to an industry desperate to build nuclear reactors in the UK.

"This industry will probably be very keen for their police force to use all the powers available to them to prevent peaceful protests against nuclear power."

A spokesman for the CNC told *Yourshepway* that visitors should not be worried or concerned about the patrols: "Most of the facilities protected by the CNC are in areas which attract walkers, birdwatchers and many other visitors.

"There is no reason that people visiting Dungeness should alter their behaviour."

He also said that if a new nuclear reactor were built there the level of security would remain the same.

The Government is to publish a new nuclear policy statement next year with a short list of those sites judged to be suitable, which will then go out for consultation.

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NEWS IN BRIEF

Driver is shot in stomach during road-rage incident

A MAN was shot in the stomach during a fight on Monday night which closed part of the Alkham Valley Road.

The incident happened at about 10pm, when it is thought that two motorists were involved in a dispute.

The injured man, who is 31, was taken to the William Harvey Hospital in Ashford, where, despite suffering serious injuries, he is said to be in a stable condition.

The second man, who is believed to have been travelling alone and was driving a light-coloured car, drove off in the direction of Dover.

The road through Alkham was closed but reopened yesterday afternoon.

Officers do not believe that the two men knew each other and are appealing for witnesses or anyone with any information to come forward.

You can phone Kent Police's major crime department in Folkestone on 01303 289600, or alternatively call Crimestoppers in confidence on 0800 555111.

IT gear goes from church

POLICE are appealing for information after a break-in at a church in Cheriton in which valuable computer and musical equipment was stolen.

The burglary at Cheriton Baptist Church in Quested Road happened some time between 9pm on Thursday, October 15, and 9.30am the following morning. An Apple Mac computer and Sony 'boom box' Hi-Fi stacked music centre were stolen.

Anyone with information is asked to phone police on 01303 850055.

Wild about our gardens

A JOINT project by Kent Wildlife Trust, Royal Horticultural Society and Shepway council has been hailed a great success, with gardeners from across the district receiving prizes.

The 2009 Kent Wildlife Gardening Awards competition, which aims to inspire people to take action for wildlife through gardening, was open to all types and sizes of gardens, either privately-owned, a business community group or school. Even a whole street or village could apply.

Shepway saw a whole host of entrants, many of whose gardens were awarded gold, silver or bronze certificates by the Kent Wildlife Trust.

The council also sponsored the Shepway Wildlife Project Award, won by Cheriton Primary School.

Hungary for something a bit different?

A FAMILY from Hungary have brought a taste of their culture to Dover with Kent's first-ever Hungarian restaurant.

And according to owner Sabi Sztanko and his fiancée Andi, the cuisine is going down well at The Carpathian, with diners coming back time and again to sample more of their dishes, many of which are little-known in the UK.

"We don't just serve Hungarian food, but when people come here they like to try our traditional cuisine," he said.

"The chef Josef is a close friend of mine who I have known for 15 years. He's won many awards in Europe for his food, so it's very good."

The 29-year-old has come a long way since moving to Dover five years ago.

"I couldn't speak any English when I first arrived," Sabi said.

"But I worked in an Italian restaurant and a Weatherspoon pub and picked it up quite quickly. The people I worked with really helped me."

Having worked in the food industry for 13

BY MARIJKE COX

years, Sabi and Andi decided to move on and open their own restaurant, and when a venue in Dover came up they jumped at the chance.

Although Sabi admits it hasn't been easy, especially in the current economic climate, he has come up with ways to save a few pennies without affecting the quality of his food.

"We haven't got a contract with any big suppliers," he said.

"I go around to local butchers and small businesses two or three times a week and buy all my produce from them."

"There are some ingredients that you can't get – carp, for example, and Hungarian alcohol like Bulls Blood – but these are brought over from Hungary every few weeks."

"Some of the Polish shops around here sell spices that are needed in Hungarian cuisine, as well, although at the moment we are having them brought over from Hungary, too."

Sabi's brother Akos and his fiancée Niki help run the restaurant – which is named after a range of mountains in central and eastern



CULTURAL FLAVOUR: Andi, Sabi and Josef outside their Hungarian restaurant, Carpathian, in Dover

Europe – and together the family have managed to get their customers hooked on the taste of Hungary.

"People really do like it, but I still worry about how it's all going to go because the winter is going to be a lot harder to get people in," he said.

"Blériot weekend was very busy – there were people queuing at the door – so hopefully people will keep coming back."

To book a table at The Carpathian, you can phone 01304 240185 or visit www.carpathianrestaurant.com.

Channel your interest with a WWI trip

CROSS-CHANNEL visitors have the chance to relive the bravery and tragedy of the First World War next month with a trip to northern France's most poignant relics.

These include a network of historic caves carved out for thousands of soldiers who hid before fighting the Germans, and a memorial park complete with restored trenches and tunnels.

The Wellington Quarry in Arras, about an hour's drive from Calais, is one of the most significant historical sites which only opened last year.

The quarry is a network of caves carved

out underneath the town square, where 24,000 soldiers hid before emerging to fight the Germans in the notorious Battle of Arras.

There is an opportunity to see how the soldiers lived, view films of their lives underground, and be directed to graffiti left on the walls, accompanied by an audio soundtrack.

The sounds of battle intensify as visitors are guided through the caves, leading up to the stone steps where the soldiers emerged into the daylight and carnage of battle.

About 20 kilometres north of Arras is the Vimy Memorial Park, gifted to the

Canadians by the French in memory of the Canadian soldiers who lost their lives there.

Access to the park is free of charge and Canadian students are on hand to provide complimentary tours in English.

Tickets for the Wellington Quarry tunnels cost £6.50 per adult, for more information see www.carriere-wellington.com. For more information visit www.cheminsde memoire.gouv.fr.

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Welcome home Daddy: Gurkhas back from six months of duty



HAPPY TO BE HOME: Lt Cpl Ajay Tamang hugs his daughter Sneha at Shorncliffe Barracks after duty in Afghanistan

MORE than 100 Gurkhas were reunited with their loved ones at Shorncliffe Barracks on Sunday after a six-month tour of Afghanistan on which they were training the country's newly-recruited police officers.

The members of Foxtrot Company Royal Gurkha Rifles had been serving in Helmand Province mentoring the Afghan National Police in basic military skills as well as how to operate in hostile territory.

Members of the Military Police had also been working with them instructing the Afghans in the arts of police work.

During the arduous tour, Corporal Kumar Pun, 31, of the 1st Battalion Royal Gurkha Rifles, was killed in a suicide attack in May which also claimed the life of RMP sergeant Ben Ross, 34.

The Gurkhas arrived after a flight into Manston via Cyprus and the two coaches containing the soldiers were preceded by a pipe and drum band as they drove slowly

■ BY NICK AMES

through the barracks to the parade ground. Waiting for Kiran Pun at the entrance to the base was Lila Pun and her son Prajwal and daughter Chahana.

"We are so excited about seeing him," said Mrs Pun. "Chahana is just two years old, but she knows her daddy is coming home."

Roger Meadows had travelled up from Gloucestershire to meet his son, Lt Sam Meadows.

"It's been tough, it's been very tough," he said. "Every time we hear something on the news about a casualty our minds just go out there. I have two daughters and they have both married into the military, so a son-in-law is going out soon."

"But it is great to be able to welcome Sam back."

After getting off the coaches the soldiers were presented with a ceremonial scarf known as a khada.

They are also set to make a visit to the grave of Cpl Pun, who is buried in a cemetery in Aldershot after a ritual of thanksgiving known as a Pooza at the barracks. A long period of leave is then being taken, with many going back to families in their native Nepal.

The company commanding officer is Major Chris Conroy, who paid tribute to the soldiers who died.

"It was a great shame to lose Cpl Pun and Sgt Ross, but we knew the threat that we were under and the boys have done an outstanding job throughout."

Maj Conroy said the tour had been a success in terms of objectives and the Gurkhas had brought very special qualities to the mission.

"The language similarities between the native tongues of the Gurkhas and Afghans mean they are able to communicate without the use of interpreters," he said.

"This makes mentoring the police officers much more personal and effective. It also allows both parties to establish a level of trust."

"Our job was to instruct the police in how to stop and search vehicles, set up road blocks and use their weapons properly."

"We were working alongside 20 members of 173 Provost Company, Royal Military Police, who trained the Afghans in the sort of skills which policemen have to have."

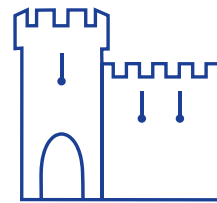
"The intention is that they will be able to take on the role of community policing, as we see in this country, as well as take on the insurgents."

"When we arrived they had a reasonable standard of policing skills but that has risen sharply following the mentoring."

"The officers understand the locals and the community, so that is a major strength. But they do have weaknesses. For instance, there is only about a 10 per cent literacy rate and the ability to read and write is one that is extremely important for police officers."



BACK: Bhagwan Gurung with his daughter Bineeta



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The modern relevance of poppy appeals



■ BY CHRIS MURPHY

WITH the continued deaths of British servicemen in Afghanistan, this year's poppy appeal for fallen fighters is ever more poignant.

The appeal was launched on Thursday by the Royal British Legion with the slogan "For their sake, wear a poppy".

Since 2001, more than 220 members of the Armed Forces – including soldiers from Kent – have been killed in Afghanistan, and more than 300 troops have been wounded in Helmand Province alone.

In decades past, we bought poppies to remember those who fell in two world wars and other conflicts.

Tragedies

But the tragedies suffered by the families of those men and women is now being shared in these new modern day battles.

Along with the dead, thousands more have been hurt in Iraq, many with brutal injuries.

During the launch ceremony, hosted by the chairman of Kent County Council, John Davies, representatives from active serving units across the county, many of whom have served in Afghanistan and Iraq, were formally presented the first poppies of the 2009 Appeal.

This was done by school children from St Paul's and Benenden Primary Schools who handed each veteran a poppy.

Those that have fallen in Kent in recent years include Flight Sgt Gary Andrews, 48, from Tankerton, who was with 120 Squadron RAF; Sgt Dave Wilkinson, 33, from Ashford, with 19 Regiment Royal Artillery; Major Alexis Roberts, 32, with 1st Battalion The Royal Gurkha Rifles; Lance Corporal Jake Alderton, 22, from Bexley, with 36 Engineer Regiment; Lance Corporal James Johnson, 31, from Chatham, with 5th Battalion The Royal Regiment of Scotland, and Captain Ben Babington-Browne, 27, from Maidstone, who



REMEMBER: Poppy appeal has been launched by the Royal British Legion with slogan "For their sake, wear a poppy"

was with 22 Engineer Regiment, Royal Engineers.

Royal British Legion county manager, Geoff Simpson, said: "The two weeks of Remembrancetide provide a time when we can honour the memory of those who have died."

"However, in remembering the dead, we must not forget the living, particularly those who have had their lives shattered by dreadful wounding, or the loss of a loved one."

"The funds raised through our annual poppy appeal help provide emotional and financial support for servicemen and their families, who are trying to rebuild their lives."

"The people of Kent generously donated just over £1 million during last year's poppy appeal."

"However, we see daily increases in the number of people turning to us for help."

"The support we have given this year has been extensive – from funding a laptop that

allowed a young ex-soldier suffering from post traumatic stress disorder to order his shopping online and keep in contact with his family, to helping an estranged wife and her three children move out of a women's refuge and into a rented home of their own. For their sake, wear a poppy."

Because of the ever-growing number of casualties, the Legion said the focus of this year's appeal is to help what it called "the Afghan generation" of the Armed Forces and their families.

Since 2003, the Legion has financially assisted 10,000 Middle East veterans, and helped win £7.5m additional compensation paid to the most seriously injured heroes.

It has also provided £1.8m for combat stress to provide treatment for mental traumas, provided housing and employment, and even adventure breaks and family holidays to hundreds of veterans, all of whom saw action in Afghanistan and Iraq.

Woman killed in smash by church

A WOMAN has died following a car crash outside a village church.

The accident, which involved a silver Peugeot and a Mondeo, happened at about 9.30am on Thursday on the A26 Tonbridge Road at Watlington, near Maidstone.

It is thought the 48-year-old, from Gravesend, was trapped inside her vehicle following the crash, which was attended by staff from all three emergency services.

Pedigree puppies stolen during raid

THIEVES made off with nine cocker spaniels after breaking into kennels on a village industrial estate.

Four black-and-white puppies and five adults were stolen during the raid in Iwade, near Sittingbourne, which took place between October 14-15.

The estimated value of the dogs – none of which were micro-chipped – is about £4,000.

Lifeboat rescues skilled Dutch sailor

A DUTCH sailor rescued after his boat suffered engine failure said he was sad to have called for help after 40 years' experience of sailing.

The owner said he was pleased to see the Dover lifeboat come to the aid of his small angling boat, which had been drifting in the north-east shipping lane on passage to The Netherlands.

Deputy Second Coxswain Mark Finnis led the RNLI lifeboat out of Dover just after 1pm on Monday, October 19, to the disabled vessel, which was 11 miles out of port.

The stricken seven-metre water-jet angling boat, together with its single occupant, was then towed to Dover Marina.

Mr Finnis said: "Conditions in the Channel were moderate and the boat was drifting in the nautical equivalent of the M25."

"Everything went well and the gentleman was last seen boarding a ferry to go home, leaving his new boat in Dover."

Large driving fine

A POLISH motorist has been handed Kent's largest ever fine of £7,500 for twice being caught driving a dangerously overweight lorry on the M20.

Janaszcz appeared before Sevenoaks magistrates this morning, when he was also ordered to pay £85 court costs and a £15 victim surcharge on top of the mammoth fine.



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yourlocalinterview

QUESTION & ANSWER

TIM YOUNG



Q How did you become interested in making stained glass?

A I left school when I was 16 and worked as a landscape gardener for three months and hated it. There was a studio along Littlebourne Road which was called The Stained Glass Studio and was run by Mike Boothroyd. I worked there for four years making leaded lights and all-round things.

When I left there, I worked for Canterbury Cathedral for 12 years as a stained-glass glazier. My work entailed removing the panels out of the cathedral and into the conservation studio, where the conservators did their work.

After the stained glass had been conserved, I then refitted it into position. I had to get the panels out of the building and into the workshop, where the conservators did their work, and then I got it back into the cathedral and back into position.

I worked on the Chapter House, which took seven years to do. I did a large percentage of the secondary glazing, which is the clear glazing round the Nave and the top end of the cathedral. The cathedral also does commission work, so I went to most of the cathedrals and churches in Kent over the 12 years I was there. After I was made redundant, my close friend, Sid Solloway, helped me start my own business.

We called it Glass and Things because we did anything, basically. It went from terrariums, a cross between a plant-pot and a greenhouse used by the Navy to bring plants

back from expeditions, to mirrors to pubs to whatever.

Our claim to fame is that we worked on the refurbishment of St Pancras train station. We did both sides of the platform and across the back as they needed specialised glaziers for the doors and windows.

Q How has business been?

A We opened seven or eight years ago and it had been great until a couple of years ago when the credit crunch hit. We used to have three employees here and we've unfortunately had to lose all of them, and we are now back to me, the wife and Sid.

Business is gradually picking up at the moment, but stained glass is a luxury item – people either want their window or they don't want it and sometimes they can live without it. As for the cut-sized glass, we have our regulars who know we are here, but other people don't know we exist, which is quite sad, really.

Q What is the secret to beautiful stained glass?

A I suppose it is the materials and the design at the end of the day. We always say to people we don't have to like the design. They come in with their idea and we make what they want. We don't even choose the colours. We hold their hands for the colours of the glass,

but we always say we don't have to wake up to it in the morning.

My wife and I don't have any stained glass in our house at all. The sole reason is I doubt we could ever agree to a design or a colour that we would go for. People come in here, they bring in their ideas and we do what they ask for.

Q If you could take on any project with stained glass, what would it be?

A An entire stately home would be nice, with leaded lights and stained glass. But we really like Joe Bloggs who walks in the door with their one-off stained glass panel for their front door or for their entrance hall.

We've done some quirky things in the past. We've done a pair of shoes in glass as a shoe company wanted some stained-glass shoes to sit on a table-top to advertise with. We did a terrarium that was 4ft long, 2ft tall by 3ft wide, and that weighed a tonne! Our catchphrase is that we can do anything in glass, so in that way it can be quite strange.

Q How often is the glass in the cathedral replaced?

A They have a full-time team of conservators working on it continuously – it's a bit like the Forth Bridge.

● Glass and Things has started running workshops for those interested in making their own stained glass. Prices are £10 per hour, or £50 to £75 for a 10am to 4pm course, not including materials.

Q & A

Glass and Things owner Tim Young talks to reporter **Jenny Armstrong** about the art of making stained-glass windows, the special projects he's been involved with during his career and business since the latest recession

you said

You were concerned about burglary in Shepway

we did

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yourweather

WEATHER UPDATES 24 HOURS A DAY @ www.kentnews.co.uk



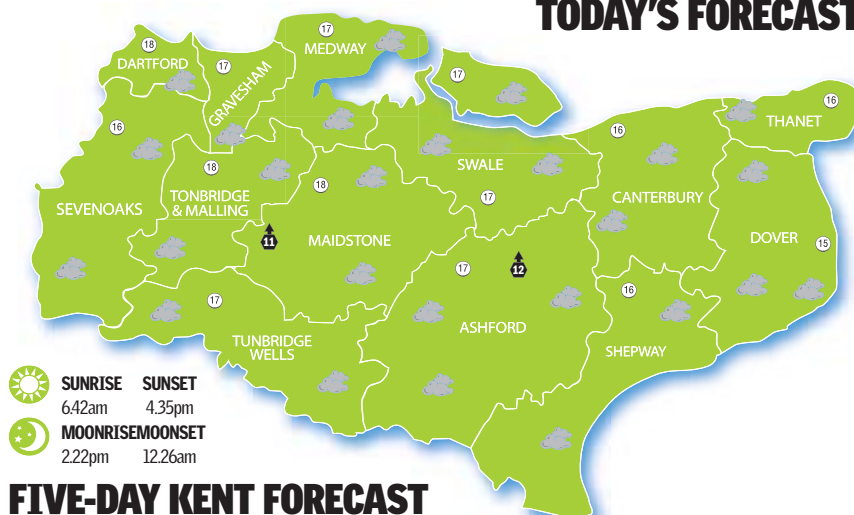
TODAY'S FORECAST

WEEKEND HIGH TIDES

| | | | |
|------------|----------|---------|------|
| Chatham | Saturday | 10:40am | 5.5m |
| | Sunday | 11:23am | 5.7m |
| Dover | Saturday | 9:04am | 6.1m |
| | Sunday | 9:37am | 6.3m |
| Dungeness | Saturday | 9:06am | 6.9m |
| | Sunday | 9:46am | 7.3m |
| Ramsgate | Saturday | 9:34am | 4.6m |
| | Sunday | 10:07am | 4.8m |
| Sheerness | Saturday | 10:29am | 5.3m |
| | Sunday | 11:12am | 5.5m |
| Whitstable | Saturday | 10:28am | 4.9m |
| | Sunday | 11:08am | 5.0m |

AROUND THE WORLD YESTERDAY

| | | | |
|------------|------|------------|------|
| Amsterdam | 14°C | Madrid | 23°C |
| Athens | 22°C | New York | 15°C |
| Barcelona | 21°C | Paris | 17°C |
| Beijing | 19°C | Rome | 20°C |
| Bombay | 34°C | Sydney | 17°C |
| Cape Town | 25°C | Tenerife | 25°C |
| Cardiff | 15°C | Tokyo | 15°C |
| Gibraltar | 21°C | Vancouver | 8°C |
| Hong Kong | 29°C | Warsaw | 10°C |
| Las Palmas | 25°C | Wellington | 16°C |



FIVE-DAY KENT FORECAST

| | Thur | Fri | Sat | Sun | Mon | | Thur | Fri | Sat | Sun | Mon |
|------------|------|------|------|------|------|---------------|------|------|------|------|------|
| Ashford | 17°C | 18°C | 17°C | 17°C | 17°C | Gravesend | 17°C | 18°C | 18°C | 18°C | 18°C |
| Canterbury | 15°C | 16°C | 16°C | 16°C | 16°C | Maidstone | 17°C | 18°C | 17°C | 17°C | 18°C |
| Chatham | 16°C | 17°C | 16°C | 17°C | 17°C | Ramsgate | 15°C | 16°C | 16°C | 16°C | 16°C |
| Dartford | 17°C | 18°C | 18°C | 18°C | 18°C | Rochester | 16°C | 17°C | 16°C | 17°C | 17°C |
| Dover | 15°C | 15°C | 15°C | 15°C | 15°C | Sevenoaks | 15°C | 16°C | 15°C | 16°C | 16°C |
| Faversham | 16°C | 17°C | 16°C | 17°C | 17°C | Sittingbourne | 16°C | 17°C | 16°C | 17°C | 17°C |
| Folkestone | 15°C | 15°C | 15°C | 15°C | 15°C | Tonbridge | 16°C | 17°C | 17°C | 17°C | 17°C |
| Gillingham | 16°C | 17°C | 16°C | 17°C | 17°C | Tun Wells | 16°C | 17°C | 17°C | 17°C | 17°C |

Fashion show gives a lift to back-to-work mothers

SANDRA Howard is to attend a charity fashion show designed to show how women can go back to work after having children.

The show is backed by not-for-profit organisation Working Wardrobe, which is the brainchild of image consultant Nicole Pitt-Williams.

Nicole's idea was to provide a service to women going back into work following a long break, usually after giving birth.

She provides clothes donated by local shops, as well as offering interview techniques and CV-writing. The women keep the clothes and can use them for interviews with potential employers.

Working Wardrobe is a tenant at Basepoint Folkestone, which has a special offer for charities, including 'free rent' for one year.

This has given Nicole the much-needed boost to raise funds to continue with the project as she now has a base to work from.

Basepoint Folkestone, based in Shearway Business Park, supports the Martha Trust as its chosen charity.

Any fund-raising from joint or solo events will be matched by The ACT Foundation, which is a charity set up to provide funding for 'people in need' of up to £10,000 in one year.

Basepoint centre manager Lorraine Grover said: "When looking for another fund-raising event that we could get involved with, I wanted to involve not just Basepoint but the businesses here. Working Wardrobe was just the right organisation to be involved, with Nicole's fashion and image-consultancy experience."

The charity lunch takes place on Tuesday, November 17, starting at 12.30pm.



GUEST: Sandra Howard

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ASK THE CHIEF



Chief Constable Michael Fuller answers readers' questions as part of our A Safer Kent Campaign. See all of your questions and answers at www.kentnews.co.uk

QUESTION: What do you think about the zero-tolerance policy adopted in New York?

Patricia Burton, Folkestone

ANSWER: The concept of zero-tolerance policing was made famous in the mid-90s by New York mayor Rudy Giuliani and works on the assumption that by quickly and firmly addressing minor problems within a locality, a strong message is sent out that more serious crime will not be tolerated.

However, this approach has attracted criticism for removing officer discretion and unnecessarily criminalising large numbers of local people, and there is still much debate among criminologists as to its effectiveness at actually reducing levels of crime.

Kent Police are committed to dealing with low-level crime and antisocial behaviour, and we target this through our local neighbourhood policing teams and the recently-introduced neighbourhood task teams. I strongly believe we need to achieve this in partnership with local communities and that my officers need to retain the ability to exercise discretion and use their own common sense – something the public would quite rightly expect.

QUESTION: Can you explain why for many years your officers have allowed hundreds of speeding motorcyclists to use the roads in and out of Tenterden every summer weekend as a virtual TT course?

Not only are they a menace to themselves, but to pedestrians and all other road-users as well. I have complained to the previous holder of your position, but nothing was ever done and I certainly have never seen a speed trap on our local roads.

Steps should, in my view, be taken now to prepare a rude awakening for these lawless idiots in time for next summer.

Peter Lake, Tenterden

ANSWER: Kent Police take the issue of speeding motorcyclists very seriously. In the Ashford district, which includes Tenterden, this important issue is treated as a priority in a number of wards following feedback from the PACT (Partners and Communities Together) processes in both rural and urban areas.

The subject of speeding motorcyclists forms part of our daily business and is incorporated into our 'You said, we did' information campaigns. Since the beginning of last month, 26 rural-road checks have been completed in the Tenterden area, resulting in 46 drivers being dealt with for a variety of offences.

In addition, a specialist motorbike team patrols areas where problems are identified and provides advice to riders. Its role specifically focuses on reducing the number of people killed and seriously injured on our roads, but also addresses antisocial behaviour by riders.

QUESTION: We are continually being told the crime rate is falling, but is that because the public feels reporting offences is pointless as the police appear disinterested?

Patricia Burton, Folkestone

ANSWER: Kent Police set priorities to tackle antisocial behaviour and crime. We achieve this by ensuring our emergency response patrols react to calls for assistance that need immediate attendance. Kent Police's Initial Crime Investigation Unit deals with all reports of crime that do not require the immediate attendance of a patrol. The unit consists of 60 investigators providing a round-the-clock service. The staff have specialised training to enable them to provide a quality investigation at the first point of contact with the caller, ensuring each caller receives the best possible service. At local level we have seen a marked increase in the number of crimes attended by police.

Antisocial behaviour and crime put in the spotlight

A THREE-WEEK crack-down on crime and antisocial behaviour was launched by Kent Police this week, *writes Jane Barlow.*

It will run until November 8 and will give the message that illegal and nuisance behaviour will not be tolerated while at the same time reassuring people the police and many other organisations are working together to make their communities safer.

During the three weeks, Kent Police will be working with local councils, Kent Fire and Rescue Service, Neighbourhood Watch, Clean Kent, the Probation Service, the Kent and Medway Camera Safety Partnership, Kent County Council and the Medway Unitary Authority.

The campaign will focus on three themes:

- Crime and disorder – this will include action to reduce incidents of antisocial behaviour associated with Halloween and fireworks
- Antisocial use of vehicles – this will include specialist patrols targeting those motorists who put lives at risk by speeding, using mobile phones while driving, not wearing seatbelts, or by driving uninsured, unroad-worthy, untaxed vehicles. Patrols will also target nuisance off-road motorcycling
- Environmental antisocial behaviour – activities will aim to improve the environment through the removal of graffiti, rubbish and abandoned and untaxed vehicles and the identification of individuals or companies responsible for flytipping.

Inspector Phil Hibben, who is co-ordinating police efforts across the county, said: "Antisocial behaviour and crime can have a significant impact on people's quality of life."

"During these three weeks the police will be working closely with local councils and other



COORDINATOR: Inspector Phil Hibben

agencies to tackle the issues that matter most to local people and bring offenders to justice.

"The darker evenings and a seasonal rise in casualties on the roads will mean we will also be targeting drivers who pose the greatest risk to other road-users."

"Specialist officers will be identifying and prosecuting drivers who drive in an antisocial manner."

Part of the campaign, called Operation Velo, will see police officers going out on their bikes rather than in patrol cars to speak with members of the public.

When Operation Velo ran at the end of August it resulted in 900 engagements with youngsters, who were given road safety advice.

The campaign will also include Operation Cubit, which is coordinated by KCC and removes untaxed and abandoned vehicles from the roads. The campaign also takes in Not In My Neighbourhood Week, which runs nationally from November 2-6.

During the three weeks, action planned across the county includes:

- In Maidstone PCSOs will be visiting shops selling fireworks to remind retailers about the law.
- Dover officers will be tackling inconsiderate parking outside schools.
- In Gravesend and Dartford, meetings will be held with retailers, at which Trading Standards and Kent Police will give advice.
- Ashford police officers will be going into secondary schools to speak about the dangers of playing with fireworks and about road safety. PCSOs will be recording number-plates of drivers not wearing seatbelts or using mobile phones at the wheel.

Officers from Ashford are expected to be particularly busy on October 31 as the village of Pluckley is reportedly the country's most haunted place and there could be an influx of visitors.



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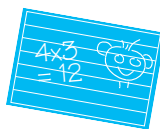


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EXQUISITE JEWELLERY





Scheme expands to put students in workplace

A PILOT scheme aimed at getting young people with severe learning difficulties into work has been expanded at South Kent College.

The move follows the growing success of the new programme, called Equal Opportunities for Sustained Employment, where five students have been given jobs since it started last September.

It was created as a partnership between Thanet, Canterbury, South and West Kent further-education colleges as well as Westgate College and St Nicholas School.

■ BY MARIJKE COX

Mid-Kent College has now also joined the partnership.

Help was on hand from Vanessa Blacktop-Wales, of the Royal British Legion, and Lisa Stock, from Kent Supported Employment.

Ms Blacktop-Wales said: "For students, it's hard to find work without this kind of help.

"We go with them and support them in the new jobs that they're being asked to do. We also support parents for whom this idea has seemed quite challenging."

The course involves mentoring and training the young people to let them find out what it is like to be in paid employment.

When the scheme first started, 40 students were nominated by the colleges to take part in the pilot programme.

Organisers talked with students and their parents to profile each candidate. They found out what they were interested in and what skills were needed and the students attended college every Friday to work on their CVs.

Five students were successful in job applications. Luke Prior, 18, from Whitfield, is now working as a gardener; Ben Middleton, 18, from Dymchurch, works at the Folkestone



DOWN ON THE FARM: Reggie Talmey is hard at work

Academy; Dan Inglis, 17, from Folkestone, now works for Comet; and Reggie Talmey, 24, from Kingsnorth, worked at a farm shop.

All the students said they were enjoying the jobs and valued the help the scheme gave them.

BREAK TIME

Show is success as pupils dance for life

CHILDREN at Whitfield and Aspen School in Dover have wowed judges at the finals of the Dance For Life competition, run by the British Red Cross.

The youngsters won a trophy and a two-hour dance workshop with Trap Media after putting on a dance show based on the theme of child soldiers.

The school also raised £350, which has been donated to the British Red Cross.

Much ado as schools find theatrical talent

MORE than 50 students from Shepway schools took part in Shakespeare plays at Folkestone's Quarterhouse this month to celebrate the first anniversary of the Find Your Talent project.

Audiences were treated to two evenings of live performances at the Tontine Street venue on Wednesday to Friday, October 7-9, with The Folkestone School For Girls, Folkestone Academy, Brockhill Park Performing Arts College and The Marsh Academy all involved.

The Find Your Talent project provides funding for schools to take part in The Shakespeare Schools Festival, which works with the National Theatre and National Youth Theatre to support 10,000 young people to perform Shakespeare in professional theatres.



THE PLAY'S THE THING: Folkestone School For Girls in a scene from Shakespeare's A Midsummer Night's Dream

Douglas Noble, the project director of Shepway Find Your Talent, said: "We are delighted to have been able to support the Shakespeare School Festival productions.

"The performances have been a great success, with a large number of young people taking part from around the district."

Find Your Talent is the Government's pilot cultural programme for all young people.

Shepway Find Your Talent, which is being jointly run by The Creative Foundation and Kent County Council, is delivering the region's pilot programme.

It aims to help children and young people make the most of their talent in music, art, film, theatre, dance, digital media, exploring libraries, museums or heritage.

Find Your Talent, which is managed nationally by Creativity, Culture & Education (CCE), is currently being piloted in 10 pathfinder areas across England.

SEND your schools news and pictures to dave.mairs@kosmedia.co.uk. You can also upload your video clips of schools events on to www.yourkenttv.co.uk

Open Morning

Saturday 7th November 2009

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your shepway blogger

Tory county councillor Chris Wells discusses the dilemmas of school applications



Whatever your letter reveals, it's not the end of the world

THE results are in, the letters to parents have gone out. The annual moment when families have to consider which schools to apply for is upon us once again.

The advantage for many of us knowing the result of the 11-plus before filling in school preferences is balanced against the long wait for those who have not been selected before appeals take place.

Technically, the parental appeal is against the allocation of school places, which is not completed until the spring, and appeals can continue well into the summer months.

So first, if the letter does not say what you wanted to hear, talk to the choice advisers at County Hall whose phone numbers come with the results.

Talk to your child's head-teacher. Take their advice on the best way to fill in the preference form in these circumstances.

Secondly, understand that while this process

now requires a period of patient waiting, use that time to gather evidence of your child's achievements outside school; their extra-curricular activity all helps make your case and builds a picture of the rounded individual.

Third, contact your county councillor now. Two years ago, for reasons many still do not understand, the Government tried to stop councillors playing any part in the presentation of the appeal.

Last year, they were permitted to play their traditional role once again, and both panels and parents appreciate having a knowledgeable friend in the room with them.

Fourthly, protect your child from anxiety over this process.

The best way for them to help is to keep working so their schoolwork shows them in a better light than the test score alone.

The rest, I always tell them, is a job for the adults to worry about.

And finally, whatever you have set your heart on, life has a funny way of showing you it's not the end of the world.

Of my own older children, the most successful career-wise to date is the young man who was never headed for grammar school but probably has the best work ethic in the family, and the most enviable lifestyle!

Some of the most successful students at A-level locally over a number of years have been those who achieved excellent GCSE grades at high schools.

I still bump into the parents – and young adults – whose appeals I have handled over some 15 years of this work.

We did not 'win' every time, but I have yet to hear of a total disaster due to this issue alone.

So, in the words of an advert of a few years ago, the adults involved here must resist turning a drama into a crisis.

Reassurance and gentle support are the order of the day.

In the years to come, looking back, this will seem rather less of a panic than it does right now.

Try to put it all in perspective for your children's state of mind, if nothing else.

GET IN TOUCH...

We want to hear your views



EMAIL: Letters, comments, views (along with your name) to: yourshpway@kosmedia.co.uk



TEXT: **SHEP** then your message to: 81800 (please remember to include your name)

LET US KNOW...

If there is a story in your area you think we should be covering, contact the editor, **Dave Mairs**, on 01303 817022, or email him on the details above. If you want to be the next Shepway blogger, then all you have to do is submit an article to us (of about 550 words) and email it to the editor. And don't forget, for all the latest news and video from your town, log on to www.yourshpway.co.uk.

Write to The Editor, Yourshepway, KoS Media, Apple Barn, Hythe Road, Smeeth, Ashford, Kent TN25 6SR.

* We cannot guarantee all articles will be published and all are at the editor's discretion

CROSSKEYS COACHES



November

| | ADULT |
|-----------|-----------------------------------------------------------------------------|
| Mon 2nd | Afternoon Cite Europe £13.00 |
| Sat 7th | Disney On Ice Princess Wishes £41.00 |
| Tues 10th | Cherkley Court & Gardens Christmas Fair £19.50 |
| Wed 11th | Ypres Battlefield Tour & Menin Gate £35.00 |
| Mon 16th | Westfield Shopping Centre £17.00 |
| Thur 19th | Boulogne £23.00 |
| Sat 21st | Romford Market £15.00 |
| Wed 25th | Bluewater or Lakeside £16.50 |
| Sat 28th | Bruges Christmas Markets £31.00 |
| Sat 28th | Birmingham Tattoo (2 Days 1 Night) £97.00 |
| Mon 30th | Warner's Bodelwyddan Castle Historic Hotel, Wales (5 Days 4 Nights) £295.00 |
| Mon 30th | Maidstone & Newnham Court Shopping Village £11.50 |

December

CHRISTMAS TRIPS IN DECEMBER

| | ADULT |
|------------|--------------------------------------------------|
| Sat 5th | Christmas at Heaven Farm & Batemans £19.50 |
| Sun 6th | Frankfurt Christmas Markets in Birmingham £34.00 |
| Mon 7th | Afternoon Cite Europe £13.00 |
| Thurs 10th | London Christmas Lights & Sights £16.00 |
| Sat 12th | Thursford Christmas Spectacular £58.00 |
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yourcompetition



WIN tickets to the best Christmas party in town!

THE Orchard in Dartford is proud to be hosting the premiere of the fabulous Blues Brothers Xmas Party from November 4-7, before the show embarks on its new UK tour. And to celebrate Jake and Elwood coming to town we have SEVEN pairs of tickets up for grabs for you to enjoy this feel-good musical!

Storming its way through hits including Soul Man, Everybody Needs Somebody To Love, Mustang Sally, Jailhouse Rock and a special Christmas Medley, The Blues Brothers Xmas Party has more baubles than you can shake your tail-feather at!

Simply answer the following question and email your answer, name, address and telephone number to marketing@orchardthe-

atre.co.uk by Sunday, November 1. Winners will be notified on Monday, November 2 and winning tickets will be for the performance on Wednesday, November 4 at 7.30pm. Alternatively you can post your entry on a postcard to Orchard Theatre, Home Gardens, Dartford, Kent, DA1 1ED.

Question: Which soul legend played the part of Reverend Cleophus James in the original Blues Brothers 1980 film?

Tickets will be reserved in the winner's name to be collected from The Orchard Ticket Office prior to the show. Please note that tickets cannot be transferred to any other time, date or show.

For further information on The Blues Brothers Xmas Party please call the The Orchard Ticket Office on 01322 220000 or visit www.orchardtheatre.co.uk.

For our full Terms and Conditions please visit www.kentnews.co.uk, or for a posted copy of the T&Cs call 01303 817073. If you do not wish to receive any literature please write 'no literature' on your entry.

The BLUES BROTHERS
Xmas Party

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Date: Tuesday 17th November
12.30 - 3.30pm

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Price: £25.00

2 Course dinner & coffee, raffle, auction and fashion show.

Excellent networking opportunity for both social and business.

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Raffle Entry

Please keep this ticket safe and bring it with you to the Ladies Lunch and Fashion Show.

Name:

Address:

.....

Email: Tel:

Fill in your details above and place ticket along with £5 in an envelope provided on your table. The raffle will be drawn after lunch.

Please tick if you would be interested in receiving any of the following Martha Trust event information
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TALK TIME

BETHAN GHOST

The police community support officer for Folkestone East talks to us about how she first became involved with the force



Tell us something about yourself

I have lived in south Kent all my life. I am 20 years old and became the PCSO for Folkestone East ward eight months ago and work alongside PCSO Janet Rumley. Before joining Kent Police I worked as a receptionist at Barretts Jaguar in Canterbury.

How did you first become involved with the police force?

My mum, Julia Ghost, is a PCSO in Ashford. I decided I wanted a job which involved interacting with people, and also one which was varied and exciting.

What do you enjoy about your job?

I love meeting people and making a difference. I love not knowing what is going to happen, and working with such a great team helps. It's so nice to walk down the street and have residents speak to me.

How can people contact you?

My contact number is 07972 004586. If it's an emergency, call 999. If it is non-urgent and I am off duty, call 01303 850055.

Tell us something that people don't tend to know about you.

I love to play rugby, but unfortunately I haven't played for a while due to work. I am hoping to get back involved with my team this season.

YOUR LETTERS

Cutting traffic is win-win situation

A recent Swedish study emphasises that exposure to significant noise from road traffic is associated with raised blood pressure.

This finding, which confirms earlier research, makes new measures to protect public health from traffic noise imperative.

This research is a wake-up call to traffic planners. People living on busy roads are entitled to expect their highways authority to take action to protect their health by reducing noise exposure.

Kent Green Party's policy, to seek consistent traffic reductions throughout the county through expanding walking, cycling, bus and train use and more movement of freight by rail, will help. The current Kent Local Transport Plan will not.

Once again, Kent Green Party calls publicly for our highways authorities in Kent to commit themselves to year-on-year traffic reductions. This won't just help with traffic noise and the resulting ill-health. It will also reduce air pollution.

Our government is about to be prosecuted by the European Court of Justice for breaching air-quality laws to which it has agreed in the past.

It will mean reduced costs of road repair. It will mean buses running closer to times and more promptly on some routes, with less traffic. It will mean that the costs of new lorry parks can be avoided. It will challenge the



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spread of warehousing projects in Kent by pushing more long-distance freight on to rail. All of this is a win-win situation for public health and our environment.

Dr Hazel Dawe
Kent Green Party

MP Howard puts me off voting

Having just read that MP Michael Howard is tipped for a

top job if the Conservatives win the next election, I for one will not be voting.

His lucrative outside interests are putting thousands of people off voting Conservative.

What a disgrace. I believe he needs to be put down.

I would not like to have his conscience and I hope Mr Cameron will have something to say about it.

I am an 80-year-old lady and there are lots more who think the way I do.

Mrs JM Pinkney
Hythe

Heart-screening could save young

Every day, at least one family in the UK will suffer the trauma of losing a young (aged 35 and under) person to an undiagnosed heart condition.

And, once again, the tragedy of sudden cardiac death in young people has been making news.

The premature death of Boyzone star Stephen Gately, aged just 33, highlights the indiscriminate and cruel nature of this syndrome, which claims the lives of at least 12 young people every week in the UK.

This week is Cardiac Risk in the Young (CRY) Awareness Week and we are committed to raising awareness of sudden cardiac death and the importance of screening.

In fact, we're proud to announce the launch of a new initiative to offer free screening to 14-year-olds (born in 1995 - the year that CRY was founded) across the South East.

Eighty per cent of young people have no signs or symptoms, so



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the only way to detect a potentially sinister cardiac abnormality is by having a simple screening testing.

We hope this initiative will lay the foundations for a national screening programme that we know could save thousands of lives.

Please contact us if you would like information about our new screening programme for 14-year-olds.

If you would like to find out more about the support services we provide, please visit the website www.c-r-y.org.uk.

Alison Cox MBE
Cardiac Risk in the Young (CRY)

More deaths on roads as clocks go back

The heightened danger faced by pedestrians when the clocks go back must be taken more seriously.

The clocks went back on Sunday, and RoSPA is urging pedestrians, as well as cyclists, to ensure they can be seen by motorists, and for motorists to keep an even greater lookout for them.

A total of 572 pedestrians was killed on Britain's roads last year.

Pedestrian deaths rose from 55 in

October to 62 in November. In March 2008, 61 pedestrians were killed, but in April – after the clocks moved forward an hour – the figure dropped to 34.

We are also pressing for the introduction of a system that would give an extra hour of daylight in the evening all year round.

RoSPA has been calling for many years for the UK to move to a system called Single Double Summer Time (SDST), which would put the clocks one hour ahead of Greenwich Mean Time (GMT) in winter and two hours ahead of GMT in summer.

In a report published last week, the Public Accounts Committee states that there is substantial evidence that fewer people would be killed or seriously injured on the roads if the clocks were put forward by one hour throughout the year.

In April, the Department for Transport launched a consultation which acknowledged research that found a move to SDST could reduce road deaths by about 80 per year.

And in May, the National Audit Office published a report stating that there were 10 per cent more collisions killing or injuring a pedestrian in the four weeks following the clocks going back than in the four weeks before the change.

In view of the reports published this year, RoSPA will continue to call for a change which, we believe, would save lives and reduce injuries.

Jo Stagg
RoSPA

Leap of faith could help youngsters

THIS winter, why don't you try something new? Why not volunteer for an adrenaline-filled parachute jump for children's charity Children Today.

Imagine yourself this winter standing at the doorway of an aeroplane 10,000ft in the air as you scan the winter wonderland beneath you.

Then it's go, go, go as you leap from the plane and begin your descent to earth.

This will be an incredible experience, but most importantly you will be helping raise funds for equipment for disabled children.

If this sounds like fun, please contact me, Ceri Ward, on 01244 335622 or email ceri@childrentoday.org.uk. We have dates and locations all over the UK.

Ceri Ward
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Popular village pub steeped in history

■ The Walnut Tree

THE Walnut Tree in Aldington was built during the reign of King Richard II (1377-1399) and has one of the most colourful histories of any pub around.

Now it is a popular village inn with excellent food and drink on offer and it is open for business while improvements are being made – including a lowered ceiling and extra beams to keep up its smuggling days ambience

The pub started life as just a timber-framed hut with a thatched roof, but by the 17th century, ale was being brewed on the premises.

During the Napoleonic Wars the village was the stronghold of the Aldington Gang – ruthless smugglers who roamed the nearby Romney Marsh area.

In November a special birthday party will be held to celebrate the landlord and landlady's eight years in the pub. No date has yet been finalised but a phone call to the pub or a visit to the website will tell customers as soon as it is known.

With the approach of winter, the Smugglers

Treasure Chest is back on the menu. This consists of specially-baked bread made by Filmers Bakery in the shape of a chest which is hollowed out and filled with stew. For details of what the exact fillings are every week, customers can refer to the pub website.

A pre-Christmas menu is also available from November 1 to December 22, with two courses for £12.95 or three for £14.95.

The Christmas menu is £35.00 for two and £39.95 for three with children eating for £19.95.

Walnut Tree, Forge Hill, Aldington 01233 720298
www.walnuttree.com

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out guide



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Live music and great steaks

■ Red Cow

POPULAR landlord and landlady Mark and Deena have been at The Red Cow in Sandwich for seven months and after a great summer are looking forward to the festive season.

A number of events are being planned for the coming weeks, including a Halloween fancy dress night on Saturday, October 31, with live music from Peacock Suit.

Bonfire Night will be celebrated with fireworks on November 5, and drink promotions and a barbecue will be held on both days.

Live music dates will be announced throughout next month and there are also some culinary attractions.

Monday is steak night, with an 8oz rib-eye for £8.95 and 12oz T-bone for £10.50. Sirloin and fillet are also available from the regular menu.

Tuesdays, Wednesdays and Thursdays see a special offer – buy a main meal and get another half price – while Friday is curry and a pint – or glass of wine – night for £8.50.

On Saturdays, children can eat free between noon and 5pm when two adults buy a meal.

Christmas menus are now available for pre-



Christmas parties and for the day itself.

They will be available from December 1 through to mid January to make sure people who cannot meet before the holidays get a chance to enjoy fine food in the company of their choice.

The Christmas Day menu offers free house wine for bookings of four or more and two sittings are on offer – midday and 3pm.

Red Cow, 12 Moat Sole, Sandwich 01304 613243

Good food at friendly venue

■ The Rose and Crown

THE Rose and Crown is a country pub with a warm, friendly atmosphere.

Stuart and Jackie have been running the pub for the last nine years and are now the proud owners.

It is the first time that it has been a free-house since 1739.

The couple would like to thank all their staff and customers past and present and have a number of events planned.

These include a live Abba tribute band on Saturday, October 31, and a bonfire night party with fireworks and hog roast on Thursday, November 5, when donations for a spina bifida charity will be taken.

Bookings for the Christmas menu are also being taken for December.

A fine selection of beers, including Flowers IPA, Black Sheep and Charles Wells Bombardier, complement the food, which includes sirloin and T-bone and surf and turf, which matches the meat with king prawns.



The pub is in a very attractive location and all food is locally-sourced, and with jazz on Wednesdays, pool table and darts, a fish-and-chips night on Thursday and Sundays roasts, there is something for everyone.

The pub is open from noon until 2pm every day and food is available in the evenings from 6pm-9pm on Thursday and from 7pm-9pm on other days except Sunday and Monday, when the kitchen is closed.

Rose and Crown, Stelling Minnis, 01227 709265

CHEF RECOMMENDS

George at Lydd

Starter: Chef's thick celery and Stilton soup with hot crusty bread

Main course: Leicestershire fillet steak, stuffed with Stilton cheese in a red wine, mushroom and cream sauce, herby saute potatoes and seasonal vegetables.

Vegetarian option: Mushroom, leek, pepper and walnuts in a creamy risotto.

Dessert: Fresh fruit pancakes.

Telephone number: 01797 321710

Don Giovanni

Starter: Grilled sardines, served on a bed of roasted lemons.

Main course: Trout grilled with a sauce of roasted fennel and a dash of olive oil, served with a selection of vegetables.

Dessert: A traditional Sicilian dessert – sweet ricotta, chocolate and lemon pie.

Telephone number: 01303 850962

Martins

We have chosen a vegetarian option:

Starter: Garlic mushrooms – button mushrooms topped with onion and garlic, and Stilton cheese.

Main course: Brie and cherry tomato tart – a filo pastry tart filled with creamy French brie, spinach, pesto and sweet cherry tomatoes.

Dessert: Home-made apple pie served with cream or custard.

Telephone number: 01227 750304

Anchor, Littlebourne

Starter: Mushrooms stuffed with Cornish cruncher cheese

Main course: Slow-roasted stuffed belly of pork served with mustard mash and local seasonal vegetables

Dessert: Apple and gooseberry crumble served with custard or cream

Telephone number: 01227 721207

Unicorn

Starter: Game terrine with red onion chutney

Main course: Slow-roasted belly pork with cider gravy. Served with a choice of potatoes and fresh vegetables.

Dessert: Poached pears with red wine and berries, with cream or ice cream.

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yourleisure

Dancing to a new tune

Last year's Strictly champion Alesha Dixon has seen an upturn in her career since she won TV audiences' hearts

ALESHA DIXON 
Friday, November 6
Leas Cliff Hall, Folkestone

CHAMPION dancer Alesha Dixon returns to the stage next week to perform for fans in Kent.

Since winning BBC's Strictly Come Dancing in 2007, Dixon has become a national sweetheart and her pop career has soared.

This year she was invited to return to the show as a judge, replacing Arlene Phillips on the panel, alongside Len Goodman, Bruno Tonioli and Craig Revel Horwood. Now a staple part of Saturday night television, Dixon, 31, is back on the road to entertain fans with her music.

Born in Hertfordshire, Dixon's early ambition was to become a PE teacher and she had been due to study at the sport-intensive Loughborough University.

But one fateful day she embarked on a train journey that would change her life – after being approached twice by music industry professionals who wanted to know if she could sing, Dixon decided to investigate a new career.

While taking dance lessons, she met Sabrina Washington, who joined her in the line-up of Mis-Teeq, an R&B girl group who would take the charts by storm in the early 2000s with hits such as Why?, All I Want, B With Me and Scandalous. The group disbanded in 2005 and Dixon achieved moderate success in the early stages of her solo career.

Dixon experienced a personal low when she discovered that her husband, MC Harvey of So Solid Crew, had been having an affair with Popstars The Rivals star Javine Hylton.

Combined with professional worries, this led to Dixon suffering from depression for several weeks before music turned her life around once again.

When she was asked to compete in Strictly Come Dancing in 2007, she amazed viewers with her warm personality and natural flair on the



dance-floor. Dixon was reportedly nervous about taking part in the show but, along with professional partner Matthew Cutler, she wowed audiences and the notoriously hard-to-please judges with her sizzling salsa and riotous rumba.

Her singing career also picked up

pace and she achieved two top-five singles with The Boy Does Nothing and Breathe Slow, while her album, The Alesha Show, went platinum this summer with sales of more than 300,000 copies.

To book tickets, call 0844 847 1776 or visit www.leascliffhall.org.uk.

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PAUL CARRACK

Wednesday, November 4
Leas Cliff Hall, Folkestone



AS the voice of Ace, Squeeze and Mike & the Mechanics, Paul Carrack melted music fans with his soulful tone.

He is touring the country to promote his latest album, *I Know That Name*, which has had lots of exposure on BBC Radio Two.

The single, *I Don't Want to Hear Any More*, features Eagles' Don Henley and Timothy B Schmit on backing vocals.

The song has also been recorded and released as a single by The Eagles.

Carrack grew up in Sheffield and joined his first band, the progressive-rock outfit Warm Dust, in the early 70s.

After joining forces with the band's bassist, Tex Comer, to form Ace, he scored a massive hit with



How Long and they released three albums before Carrack moved on to become the keyboard-player with Roxy Music.

More successful stints with Squeeze and Mike & the Mechanics followed, but Carrack has also proved

himself to be a formidable solo artist.

The concert starts at 7.30pm and tickets cost £26.50.

Book online at www.leascliffhall.org.uk, or phone the box office on 0844 847 1776.

THE TRONDHEIM SOLOISTS

Friday, October 30
Canterbury Cathedral



THE final cathedral concert of this year's Canterbury Festival features one of the rising stars of international classical music.

The Trondheim Soloists are joined by 22-year-old trumpet sensation Tine Thing Helseth (right), who is a major name among the new generation of brass soloists who bring focus and flair to the discipline.

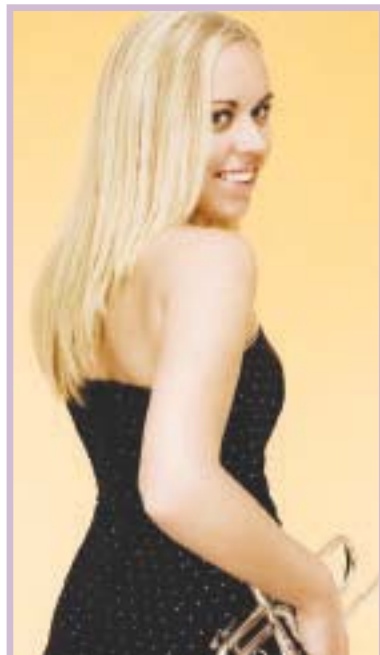
The Norwegian trumpeter has many international performances and awards behind her and is already making a big noise in her field.

She started playing the trumpet at the age of seven, building up an extensive repertoire of orchestral, recital and chamber music.

After winning second prize in the 2006 Eurovision Young Musicians finale in Vienna, she was named Newcomer Of The Year at the Norwegian Grammy Awards.

Helseth will be performing with the Trondheim Soloists, Norway's Grammy-nominated ensemble.

The concert starts at 7.30pm and is sponsored by the Canterbury Festival Foundation (Friends) and The Seary Foundation. Tickets are priced from £8 to £20. To book, call 01227 787787 or visit www.canterburyfestival.co.uk.



ALCAZABA

Saturday, October 31
Quarterhouse, Folkestone



EXPERIENCE a vibrant blend of Middle Eastern, Indian and flamenco music when Alcazaba perform.

With their captivating melodies, electrifying beats and the heartfelt vocal sounds of flamenco, the ensemble create a true fusion of influences which has earned a strong following in both the flamenco and world music scenes.

Tracing a natural evolution rather than forcing styles together, Alcazaba give virtuoso acoustic performances that transcend musical barriers.

A chance meeting of two exceptional musicians, Ramón Ruiz and Attab Haddad, in London in 2005 led to the formation of the group with Genevieve Wilkins, Teymour Housego



and flamenco singer Eva Piñero Mesa.

Their debut CD, released by ShivaNova/Universal in July this year, has been played on a number of radio stations, including BBC Radio Three.

They have performed for a variety of audiences, including the Rise Festival, Ealing

Global Festival, the Indian High Commission's Nehru Centre and The Royal Asiatic Society.

The concert starts at 7.30pm and tickets cost £10/£8 or £26 for families.

For more information or to book, visit www.quarterhouse.co.uk or phone the box office on 01303 858500.

SHEPWAY LEISURE

Don't miss latest dose of jazz at The Grand

LIVE jazz can be enjoyed on Thursday night, courtesy of the Pete Abbott Group.

The group is the latest act in the ongoing programme of jazz at The Grand in Folkestone. Guitarist Pete Abbott will be joined by Mike Austin on sax, Andy Wall on bass, Roger Jeffery on drums and vocalist Claire Harris in Keppels Music Room at 8.30pm. Admission is £5.

For details, phone 01303 260330.

Catch the ghost train for Halloween journey

GET on track for a creepy day at the Romney, Hythe and Dymchurch Railway.

Wizard and Witches Halloween Specials will be running on Saturday, giving passengers the chance to visit the Witch's House, experience the Ghost Tunnel and more. The services run in the late afternoon and early evening.

There will be a meal and present for every child. For details, phone 01797 362353 or visit www.rhdr.org.uk.

Three times the fun at venue's band night

A TRIPLE bill of live music is on offer at The View in Folkestone on Saturday.

Sonar Nation, a Maidstone-based alternative-rock band, will be performing their own music. Find out more about the band by visiting the website at www.myspace.com/sonarnation.

Cove and Two Worlds Collide will also be appearing. The event runs at the venue in West Terrace from 7pm.

A night of Turmoil as band rock out the hits

ROCK out to popular hits by a range of acts when Turmoil play in Folkestone.

The local four-piece play songs by a variety of great rock bands, from The Automatic and Kaiser Chiefs to the Rolling Stones and Pearl Jam. Hear them at www.myspace.com/weareturmoil.

Catch the band at the Park Inn Hotel in Radnor Park Road on Saturday. For details, phone the pub on 01303 252355.

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Radio One's 'Mr Marmite' on the decks at clubnight



■ BY SIMON ROBINSON

KIWI DJ Zane Lowe will come to Maidstone next month to headline a Mixmag magazine clubnight.

The straggly-bearded MTV presenter and third-most annoying Radio One host* will take to The Loft nightclub's decks on Saturday, November 7.

Mr Lowe is joined on the bill by fellow BBC staffers Andy George and Jaymo, as well as Mixmag DJs I Am One and Matt Cox.

A spokesman for organisers 666 said they were looking forward to welcoming the night's headliner to Maidstone.

"This will be Zane Lowe's second performance in Maidstone, following his immense set at last year's Radio One Big Weekend, and as one of the most in-demand DJs on the planet this is a tremendous coup for Kent's number one music club," he said.

"Anyone who listens to Zane's outstanding Radio One show knows he covers the entire musical spectrum, and we expect his DJ set to be no different as he headlines one of the biggest nights ever at The Loft.

"This event will sell out, so buy your ticket early to avoid missing out."

The line-up also includes big-hitting DJs such as Friction and Technicolour.

Support will also be provided by the likes of Twisted DJs, Mart Taylor, Unknown Error, Duncan K and Hijak Allstars.

The night runs from 9pm to 6am at the Maidstone town-centre club.

Tickets cost £12 per person and can be bought at www.dontstayin.com



SUPPORT: BBC staffers Andy George and Jaymo

* Congratulations go to Mr Chris Moyles (first place) and Mr Tim Westwood (a close second).

The Beeb has a proud history in employing musical 'Mr Marmites'; the love 'em or loathe 'em types – the DJs who are to radio what Jeremy Kyle is to television.

And these three men together – Messrs Lowe, Moyles and Westwood – ensure my radio dial never reaches the dark, dark figures of 97 to 99 fm.

They are BBC employees, and therefore bound by the corporation's mandate of 'inform, educate and entertain'.

So why do we have an obnoxious northerner (Moyles) and his partner-in-crime 'comedy' Dave, a privately-educated, middle-class Anglican bishop's son turned hip-hop/grime know-it-all and drive-by shooting victim (Westwood) and a sickeningly sycophantic indie/dance DJ (Lowe) polluting our airwaves? Just my opinion, mind.

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- 2 Hugo - 11/11 The Barge, Gillingham
- 3 CWB - 14/11 The View, Folkestone
- 4 Shychlo and Boys - 19/11 Beer Cart Arms, Canterbury
- 5 The Suspects - 20/11 The Plough, Swalecliffe

HEADLINER: Zane Lowe covers the musical spectrum

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IN STORE

A right royal treat for book lovers in the City

DISCOVER books in an unusual setting at King's English, opposite The King's School, Canterbury.

Housed in a beautiful building with a crooked door, the shop has a number of rooms for events and reading groups.

It will stock the latest best-sellers alongside limited-edition box-sets of Dickens and Hardy, while also selling English goods with a historic theme.

King's English can be found in the Jacobean building in Palace Street.

Get the Lowe down on latest designer styles

GET ready for the party season in style with fashion designer Pearl Lowe's collection of dresses for Peacocks.

Modelled by her daughter, TV presenter Daisy Lowe, the range gives customers the chance to wear designer style at high-street prices.

The five vintage-inspired party dresses are available in sizes eight to 16 and are priced from £35 to £40.

The collection will be available from selected Peacocks stores from Monday.

Goods Shed selected for a Radio 4 award

A CANTERBURY daily market has been selected as a finalist in the BBC Radio 4 Food and Farming Awards 2009.

The Goods Shed will compete against businesses from Suffolk and Cardiff to win the title of Best Food Market.

Another Kent business, Dungeness fishmonger M&M Richardson, is a finalist in the Best Local Food Retailer category.

The panel of judges is chaired by chef Raymond Blanc and the award ceremony will take place in London, November 25.

Aussie lingerie at low prices at Outlet store

LADIES can buy superior lingerie at discount prices when Bendon Lingerie opens at Ashford Designer Outlet.

Popular down under for its products with up to 70 per cent off normal retail prices, Bendon Lingerie offers Australasian brands such as Elle Macpherson Intimates, Fayreform and the store's own range.

The company also offers a bra-fitting service. Bendon Lingerie opens on Saturday. You can find out more at www.ashforddesigneroutlet.com.

Don't be blind to trends, get your paws on these

TAKE a walk on the wild side and add a touch of danger to your living room with an animal-print blind.

Animal-print is a big trend both on the catwalks and in interior design, so give your home extra texture by getting your paws on a trendy monochrome, faux fur blind.

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YOUR TV REVIEW

■ BY TOM BETTS

PEEP SHOW Channel 4, 10pm, Friday

IT'S taken me a while to get into Peep Show, but I'm glad I have.

I came to it late, about halfway through series five, but was instantly hooked.

Goodness alone knows why I had neglected it before – I'd heard people singing its praises for years, but it was just one of those things I never got round to, a bit like re-tiling the bathroom.

Each week we meet Mark Corrigan and Jeremy Osborne, two of life's losers, who inhabit a tower-block flat in London together, more out of obligation to an old, stilted friendship forged at university rather than through actual choice.

The 'El Dude Brothers' (which they occasionally refer to themselves as) constantly wind each other up and generally rue their lot in life but stick together anyway to face what it throws at them.

Mark, played by David Mitchell, is a reasonably nice guy who just wants to settle down with a cup of tea and play a game of Risk, safe in the knowledge that he has a decent pension plan in place, but nothing ever goes quite right for him.

He has got the wrong woman pregnant, lives in fear of his charismatic but possibly unhinged boss Alan Johnson and wishes he could turn back time so he could live happily ever after with work colleague Dobby, a female fellow geek for whom he carries a torch.

Jeremy, played by Robert Webb, is a far less agreeable character whose selfishness and workshy nature know no bounds, although his band-mate Super Hans makes him look like a saint.



ODD COUPLE: David Mitchell and Robert Webb star as losers Mark and Jeremy in Peep Show

The two trundle forward, meeting ever-more obnoxious people along the way, as Mark dreams of an equitable life and Jeremy of impending rock superstardom.

While you find sympathy with Mark's plight, Jeremy seems to get just what he deserves.

What sets this apart from other sitcoms is the internal monologue of the two main characters as they try to scheme and bluff their way through the day as best they can.

What they're thinking is always funnier than what's being said out loud.

The clever part is that millions of us can identify with rarely being able to say what's actually on your mind.

This dynamic is the vital cog here and in particular Mitchell's contributions stand out.

All of this series, and the entire previous series, are available to watch on Channel 4's On Demand internet service if, like me, you didn't have the brain to tune in many years ago.

YOUR WEEK'S HOROSCOPE

BY RUSSELL GRANT



AQUARIUS (Jan 21-Feb 19)
IMPROVING your qualifications should be your first priority in the coming weeks. If your boss offers to pay your tuition, seize the opportunity. Being able to study a subject that has always fascinated you will prove fulfilling. It will also open some exciting new career doors.

• To find out more about what the stars have in store call Russell on **Aquarius** 09067-531762



TAURUS (Apr 21-May 21)
THESE days jobs are few and far between. Fortunately, you've always been a conscientious worker so you can find steady employment. It's just a matter of stressing your record and work ethic. If you go for a job interview, to ask a prospective employer to hire you on a trial basis.

• To find out more about what the stars have in store call Russell on **Taurus** 09067-531753



LEO (Jul 24-Aug 23)
YOUR powers of concentration are at an all-time high. This would be a great time to acquire a valuable skill. It may take a couple of years to master it, but when you do you'll be able to write your own ticket as far as jobs are concerned. Seek out an instructor with whom you connect.

• To find out more about what the stars have in store call Russell on **Leo** 09067-531756



SCORPIO (Oct 24-Nov 22)
YOU'RE starting a solitary phase, preferring your own company to mingling with crowds. If a living arrangement hasn't been working, you may decide to get your own place. Alternatively, you could move to a secluded rural area after having inhibited a bustling city.

• To find out more about what the stars have in store call Russell on **Scorpio** 09067-531759



PISCES (Feb 20-Mar 20)
PUTTING away money for loved ones has become increasingly important. Providing a secure financial base is your main motivation. Even if you're not flush with cash you can put a small percentage of your income into a savings. The gesture will speak volumes to loved ones.

• To find out more about what the stars have in store call Russell on **Pisces** 09067-531753



GEMINI (May 22-Jun 22)
RELAXATION will be increasingly difficult. You've had so many responsibilities; you've got used to running a constant round of errands. Force yourself to take regular breaks. Even enjoying long weekends away will restore your sense of well-being.

• To find out more about what the stars have in store call Russell on **Gemini** 09067-531754



VIRGO (Aug 24-Sep 23)
LONG-term financial planning is essential to your peace of mind. You've always been a practical person. Knowing you have cash reserves will help you to take more risks on the romantic and creative fronts. If money is tight right now, you'll learn to live on a budget.

• To find out more about what the stars have in store call Russell on **Virgo** 09067-531757



SAGITTARIUS (Nov 23-Dec 21)
YOU'VE always had a huge crowd of friends, but don't be surprised if your social circle starts to tighten. Maintaining all these relationships has become impossible. You'd rather spend quality time with a few quality people than be run ragged among casual acquaintances.

• To find out more about what the stars have in store call Russell on **Sagittarius** 09067-531760



ARIES (Mar 21-Apr 20)
LIVING up to an agreement is very important. If you don't have the money to fulfil a legal settlement, approach the involved parties. Explain your situation and be prepared to back up your claims. Together you can hammer out an arrangement better suited to your current position.

• To find out more about what the stars have in store call Russell on **Aries** 09067-531752



CANCER (Jun 23-Jul 23)
DEVOTION to family could keep you anchored to home. Moving back to your place of birth is a strong possibility. If you're given a beautiful family heirloom, be sure to put it to use. Don't save it for special occasions. Seeing this item will give you a warm sense of security.

• To find out more about what the stars have in store call Russell on **Cancer** 09067-531755



LIBRA (Sep 24-Oct 23)
IN the past, people have accused you of being scatterbrained or indecisive. That's about to change. Taking a more disciplined approach to work and home will ease your anxiety. This will also improve your relationships. You'll enjoy quality time with your nearest and dearest.

• To find out more about what the stars have in store call Russell on **Libra** 09067-531758



CAPRICORN (Dec 22-Jan 20)
YOUR chances of career success are greater than ever. You've always been intent on reaching the top, now the universe is poised to help. A high-powered position could open up or you could be recruited by a rival company that likes your style. It's possible you'll switch industries.

• To find out more about what the stars have in store call Russell on **Capricorn** 09067-531761

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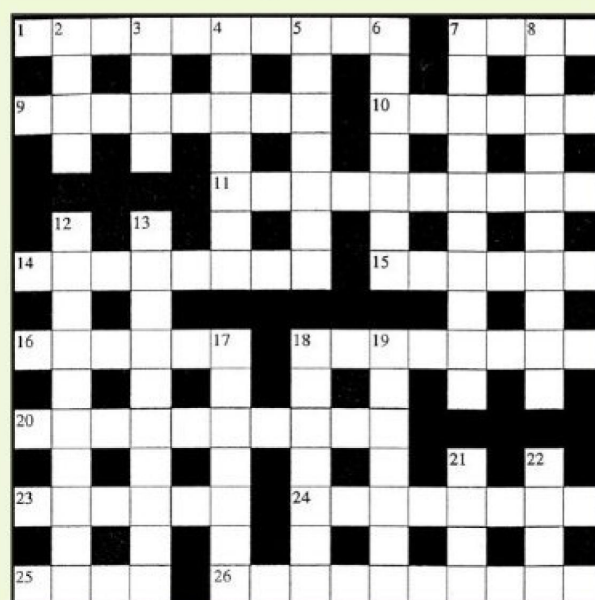
ACROSS

- 1 Penny entered cut that had been reduced at time of landing (10)
- 7 Leg-pull, short-cut after half-hour (4)
- 9 Ward for accident-prone child? (8)
- 10 In truth remarkable livery (6)
- 11 Active diminutive lady has house-plant (4,6)
- 14 Monthly? Imposingly (8)
- 15 Pulled US journalist (6)
- 16 Seaweed, pronouncedly icy, on fungus (6)
- 18 Go-between reached agencies' high point (8)
- 20 It costs the traveller nothing (4,6)
- 23 Bach and Elgar included another composer (6)
- 24 Bird's pale headgear (8)
- 25 Support one in pen (4)
- 26 Tourist who does not fall over at night? (3-7)

DOWN

- 2 A pet playing with fuel (4)
- 3 One weird flower (4)
- 4 A politician in shed having fish (7)
- 5 Body's losing head, sure to turn up in epic (7)
- 6 Something new found in cracker (7)
- 7 Level line soaring interminably (10)
- 8 Greatest ever depression, this depth has never been reached before (3-4,3)
- 12 Urgent, a jug ordered from lorry (10)
- 13 One of 28 parts of a week? (7-3)
- 17 The French youngster outside was discouraged (7)
- 18 Advance, create established routine (4,3)
- 19 It's more crazy having Dorothy on the level (7)
- 21 & 22 Eek! Speak about souvenir (8)

SCRIBBLE HERE



QUICK CLUES

ACROSS

- 1 Dachshund (7,3)
- 7 Brandish (4)
- 9 Register one's departure from work (5,3)
- 10 Stinging plant (6)
- 11 Speechless (10)
- 14 Splinted (anag.) (5,3)
- 15 Scanty (6)
- 16 Sir (6)
- 18 Parasol (8)
- 20 Whimsicality (10)
- 23 Senior journalist (6)
- 24 Taken into the body (8)
- 25 Reptile (abbrev.) (4)
- 26 Linger (5-5)

DOWN

- 2 Spindle (4)
- 3 Draw into the mouth (4)
- 4 Tynesider (7)
- 5 Slandered (7)
- 6 First OT book (7)
- 7 Flawless (10)
- 8 Old bicycle (10)
- 12 High kick in rugby (2-3-5)
- 13 Nationalistic (10)
- 17 Instructed (7)
- 18 Particular (7)
- 19 Bouquet (7)
- 21 Continent (4)
- 22 Zing (4)

Thanet's Live Music Scene

Thursday 29th October

Ben Cuddy Johnny Cash Tribute

The New Inn, 2 Delf Street, Sandwich 01304 612335

Friday 30th October

Hard Road Blues

The Red Lion, 1 King Street, Ramsgate 01843 586713

Saturday 31st October

Nearly Famous

The Red Lion, 1 King Street, Ramsgate 01843 586713

Tuesday 3rd November

One Love

The New Inn, 2 Delf Street, Sandwich 01304 612335

Thursday 5th November

Rich Phillips

The New Inn, 2 Delf Street, Sandwich 01304 612335

Friday 6th November

Bad Pennies

The Red Lion, 1 King Street, Ramsgate 01843 586713

Saturday 7th November

Hot Load Welcome

The Red Lion, 1 King Street, Ramsgate 01843 586713

Saturday 7th November

Andy Mac

Bradstow Mill, 125 High Street, Broadstairs 01843 861108

Tuesday 10th November

Roger Betts

The New Inn, 2 Delf Street, Sandwich 01304 612335

Friday 13th November

Moscow Riley

The Red Lion, 1 King Street, Ramsgate 01843 586713

Saturday 14th November

Breeze

Bradstow Mill, 125 High Street, Broadstairs 01843 861108

Saturday 14th November

The Fling

The Red Lion, 1 King Street, Ramsgate 01843 586713

Saturday 21st November

EK1

Bradstow Mill, 125 High Street, Broadstairs 01843 861108

LAST WEEK'S SOLUTIONS

SUDOKU SOLUTIONS No110

EASY

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 | 1 | 6 | 7 | 5 | 2 | 4 | 3 |
| 2 | 4 | 7 | 3 | 1 | 8 | 9 | 6 | 5 |
| 5 | 3 | 6 | 9 | 2 | 4 | 1 | 7 | 8 |
| 3 | 9 | 8 | 1 | 6 | 7 | 4 | 5 | 2 |
| 8 | 7 | 2 | 4 | 5 | 9 | 3 | 8 | 1 |
| 1 | 5 | 4 | 2 | 8 | 3 | 7 | 9 | 6 |
| 8 | 1 | 9 | 7 | 3 | 5 | 2 | 4 | 6 |
| 7 | 2 | 5 | 8 | 4 | 1 | 6 | 3 | 9 |
| 4 | 6 | 3 | 5 | 9 | 2 | 8 | 1 | 7 |

MEDIUM

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 8 | 7 | 5 | 6 | 3 | 9 | 4 |
| 6 | 4 | 5 | 3 | 1 | 9 | 7 | 2 | 8 |
| 9 | 3 | 7 | 2 | 8 | 4 | 6 | 1 | 5 |
| 2 | 8 | 4 | 1 | 9 | 3 | 5 | 7 | 6 |
| 3 | 8 | 1 | 5 | 7 | 2 | 4 | 8 | 9 |
| 7 | 5 | 9 | 6 | 4 | 8 | 2 | 3 | 1 |
| 4 | 8 | 2 | 8 | 3 | 5 | 1 | 9 | 7 |
| 1 | 3 | 4 | 6 | 7 | 9 | 5 | 2 | 8 |
| 5 | 7 | 6 | 9 | 8 | 2 | 1 | 4 | 3 |

HARD

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 2 | 9 | 1 | 5 | 7 | 3 | 6 | 8 |
| 5 | 3 | 6 | 4 | 8 | 9 | 7 | 1 | 2 |
| 7 | 1 | 8 | 6 | 3 | 2 | 4 | 5 | 9 |
| 2 | 9 | 3 | 5 | 7 | 6 | 1 | 8 | 4 |
| 1 | 6 | 7 | 8 | 2 | 4 | 9 | 3 | 5 |
| 8 | 5 | 4 | 9 | 1 | 3 | 8 | 2 | 7 |
| 3 | 4 | 1 | 2 | 5 | 8 | 5 | 7 | 6 |
| 9 | 8 | 5 | 7 | 9 | 1 | 2 | 4 | 3 |
| 7 | 2 | 7 | 2 | 3 | 4 | 8 | 5 | 1 |

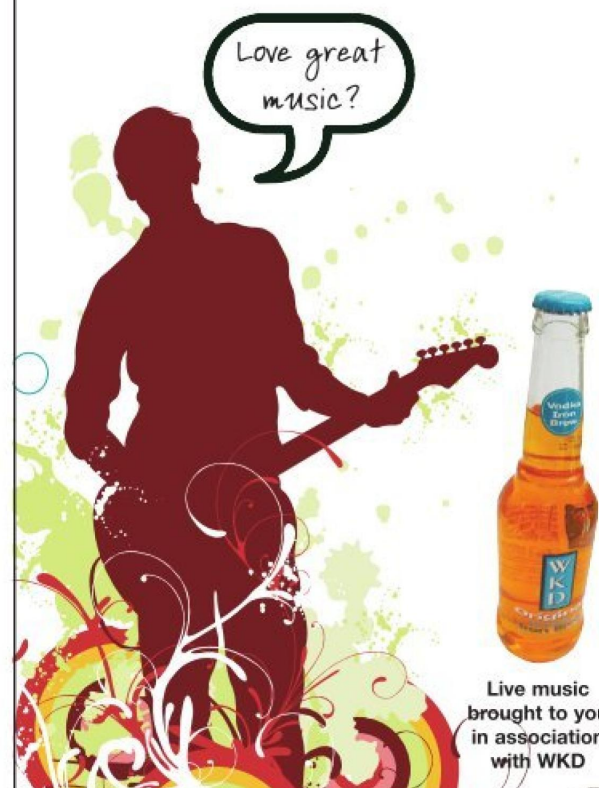
CRYPTIC SOLUTION No110

ACROSS: 1 Blockbuster 9 Stolid 10 Routine 12 Railing 14 Nonagon 15 Junction box 16 Rub 17 Dip 19 Kangaroo-hog 22 Calends 23 Degrade 24 Ariadne 25 Sent in 26 Small change. DOWN: 2 Latvian 3 Cellist 4 Bud 5 Springboard 6 Equinox 7 Finger 8 Teeny-bopper 11 Prejudicial 13 Groundswell 18 Pelvis 19 Kingdom 20 Organza 21 Heading 25 Sic.

QUICK SOLUTION No111

22 Zeal. 17 Tuford 18 Special 19 Nosegay 21 Asia. 8 Velocipede 12 Up-and-under 13 Jingerlight. George 5 Delamed 6 Genes 7 Waterlight. 26 Dilly-dally. DOWN: 2 Aisle 3 Suck 4 Quaintness 23 Editor 24 Ingested 25 Croc 15 Skimp 16 Knight 18 Sunshine 20 off 10 Nettle 11 Dumbstruck 14 Split end. ACROSS: 11 Sausage dog 7 Wave 9 Clock

Answers to all of this week's quizzes can be found on our website



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ON GENERAL RELEASE

COUPLES RETREAT (15)



Love is a battlefield – and in Peter Billingsley's comedy, co-written by co-stars Vince Vaughn and Jon Favreau, enemy lines are drawn on a beautiful remote Pacific Ocean island.

UP (U)



The latest masterpiece from Pixar is an airborne adventure in the company of a cranky old man and an excitable young boy. The opening 10 minutes are among the finest Pixar has ever crafted.

CIRQUE DU FREAK: THE VAMPIRE'S ASSISTANT (12A)



Paul Weitz directs and co-writes this spooky fantasy based on the popular series of books by Darren Shan. Chris Massoglia stars as the A-student who joins the undead in order to save his friend's life.

Piven finally gets chance to show us all The Goods

■ BY LISA WILLIAMS

JEREMY Piven must feel like the three-time bridesmaid who has finally made it down the aisle as a bride.

After all, the actor has carved out a sturdy career playing supporting roles in films such as Grosse Pointe Blanc, Old School and RocknRolla, and now, at the age of 44, he has finally landed a lead film role, as smooth-talking car salesman Don Ready in the comedy The Goods: Live Hard, Sell Hard.

"It was like sticking around the party for a little bit longer," Piven says about playing the lead. "It was a great thing for me, and I feel like I've been practising that for at least 20 years and so that's maybe why I have something to offer. Whether I'm carrying the movie or not, it doesn't matter, but to carve out that lead role is a great gift and I'd love to continue that."

The casting choice could be down, in part, to Piven having made a name for himself playing ruthless Hollywood agent Ari Gold in US TV series Entourage.

Some of Ari can even be seen in The Goods' Don Ready, who lives for work and will do anything and say anything to sell a car.

He leads a crack team of sales specialists who spend their lives on the road, travelling to whichever car showroom needs to rejuvenate its sales. But this isn't a film about sales techniques, rather about the friendship between Don's motley crew and his own personal journey as he begins to question his commitment-shy nomadic ways.

It is also packed with shocking jokes and one-liners. Don's team-mate Babs, played by Kathryn Jahn, falls in love with a ten-year-old, a Korean salesman gets beaten up by his colleagues in an apparent 'hate crime' and sever-



IN THE LEAD: Jeremy Piven stars in controversial role

al scenes are set in the salacious surroundings of a strip club.

Piven stands by the humour, despite complaints from some about its lack of taste.

"I really thought it was all very funny, I was not offended," he says earnestly.

But one line in particular, in which Babs declares what she would do if Don pulls off a hard sell (too rude to be repeated here), almost got Piven into trouble at a screening.

"I was watching the movie with Tony Romo, the American football player, and when he heard Babs's line, he choked," says Piven.

"He was eating chips and he was laughing so hard, he started choking. I thought I'd killed Tony Romo. Here it would be like killing David Beckham – it was a scary moment."

Piven's easy-going manner and gift for comic timing may be one of the reasons he has landed friends such as the aforementioned sportsman, as well as John Cusack, Dustin Hoffman

VIEW THIS PREVIEW

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and rapper Common.

But on the whole, Piven remains guarded about his private life, preferring to offer up a joke or an anecdote than to speak frankly about his personal affairs.

Is this a deliberate move?

"Yes, I think it is," Piven admits.

"If you parade your private life in public I think it robs you of your anonymity and I don't know how healthy that is.

"I'm just trying to figure out a way to be a decent person and a working actor."

That said, he is frank enough to admit that he is "single right now".

"I'm absolutely looking for someone – why not?" he adds, offering hope to the many who swoon at his swarthy good looks.

THE GOODS: LIVE HARD, SELL HARD

Certificate 15



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WOMEN seeking men

MY EVERYTHING Ashford based, bubbly and fun single mum, 23yr old, curvy build, brunettes, likes reading and socialising. WLTm like minded male. Box 457472 **1**

MATCH OF THE DAY! Fun-to-be-with, blonde female, 25, 5ft2, a woman who loves football! Enjoys going out and staying in, looking for a like-minded man, to be her soulmate. Box 446494 **1**

NOT YOUR BROWN-EYED GIRL, BUT... Blue-eyed brunette, 27, 5ft1, loves films, walking, darts, pool, singing, me time! Looking for honest guy with GSOH, to get to know. Box 880105 **1**

IS ANYONE OUT THERE? 31yr old easygoing, independent female, WLTm cuddly fella to enjoy the finer things in life with, leading to LTR with the right person. Box 879391 **1**

GIVE AND TAKE IN LOVE Loving loyal female, 30, blue eyes, brown hair, seeking LTR with male 30-35, 6ft+, no baggage, in the Maidstone area. Box 448471 **1**

A FAIRTALE ENDING! Princess Fiona, 34, looking to meet her Shrek, 5ft8, short brown/blonde hair, blue eyes, large build, seeks romantic caring guy for friendship, maybe more! Box 877957 **1**

HAPPY DAYS! Attractive, fun-loving female, 35, 5'4", size 12, dark hair with blonde highlights, tactile, WLTm intelligent, professional, attractive guy, for a happy relationship. Tunbridge Wells. Box 308734 **1**

FEAST YOUR EYES ON ME... Hello I'm Andrea, 35, petite 5ft3, shoulder length curly hair, enjoys eating out, cinema and I'm looking for friendship and possible long term relationship. Box 453036 **1**

SEALED WITH A KISS Petite lady, 36, long hair, blue eyes, single mum, enjoys holidays, wine and dining, laughing, seeks loyal, loving man for friendship and more. Box 453079 **1**

STARRY NIGHTS Hello I'm Sarah, single mum from Kent, brown hair enjoy swimming nights in/out looking for a caring man to share the best things in life. Box 572373 **1**

WHAT YOU SEE... Young looking 36 year old, 5ft4, brown eyes, slim, one daughter, hard working, very sincere and caring, genuine, GSOH, seeks similar male 33-43. Rochester. Box 460307 **1**

HISTORIC MEETING? Mum of three, 36, long mousy hair, blue eyes, interested in historical places, music, eating out, seeks kind, caring, genuine male 36-49, non-smoker, for LTR. Box 450493 **1**

GALLOP AHEAD! Maidstone-based woman, 36, 5ft5, slim build, blue eyes, I'm caring, honest and have 4 children, enjoys drives and horse riding, and WLTm honest, reliable man. Box 451311 **1**

BE MINE Honest and caring woman, 36, 5ft5, slim build, blue eyes, I'm caring, honest and have 4 children, enjoys drives and horse riding. Maidstone. Box 456159 **1**

LOVE TO LOVE YOU Lovely female, 36, 5ft4, medium/large build, blonde hair, blue eyes, own house, loves walking, going out, the usual! Seeking male for long-term/serious relationship. Box 438102 **1**

JUST ONE QUESTION... A warm, generous, attractive and caring lady, 40, seeks soulmate who will love, respect and cherish her. What's taking you so long? Box 873458 **1**

CUTE AS CAN BE Cute single mum of four, 38, Kent-based, into most things, looking for friendship, possibly romance. Box 897983 **1**

YOU CAN'T RESIST... Fun loving intelligent lady, 39, blonde, attractive, GSOH, lots of energy, one daughter, now looking for that special man to share life with. Tonbridge. Box 459991 **1**

A SOUL MATE Black Christian girl, 39, likes country music, loving, considerate, kind and caring, looking for a like-minded man, 32-50, with a pretty inside. Box 453066 **1**

WANNA RIDE WITH YOU Curvaceous lady, 40, 5ft8, long curly hair, into motorbikes!! Single mum, seeks fun-loving biker fan for rides into the sunset. Eastbourne. Box 458787 **1**

YOUNG-AT-HEART Attractive 39yr old female, dark brown hair, blue eyes, curvy physique, likes days out, music, concerts, cinema, walking, cycling, seeks loving, fun, man for friendship/relationship. Box 901893 **1**

A NICE BOTTLE OF WINE Lovely, glossy brunette, 39yr old, petite, bubbly and loving, enjoys theatre, music and eating out, WLTm a professional, loving and tactile male for a relationship. Box 442551 **1**

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HAPPY TIMES ARE HERE TO STAY Single mum, 42, 5ft6, likes fun nights out, cinema, meals out, cuddles and kisses, looking for a fun-loving gent to share happy times with. Ashford Box 459692 **1**

HOPE TO HEAR FROM YOU Audrey here, I live in Seaford, and WLTm caring man. I'm fun loving, loyal, honest, adventurous, and love animals, cooking, music, film, countryside. Box 672159 **1**

LIVE LIFE TO THE FULL Good-looking brunette from Kent, 43, 5ft10, likes bowling, eating in/out etc, looking for a good-looking guy, 35-45, with gosh for friendship/relationship. Box 450348 **1**

A CHANCE FOR ROMANCE Energetic 43yr old female, 5'9", short dark hair/blue eyes, slim, have grown up daughter, love the outdoors, cooking, good food, music, days out, country walks...Medway. Box 456868 **1**

TALL ORDER Curvy lady, 5ft9, 45yrs old, blonde hair/green eyes, I live in Deal in Kent, I'm down-to-earth and like being out and about. Box 456020 **1**

I SHOULD BE SO LUCKY Hello, I'm Karen, 42, dark brown hair, medium build, gosh, looking for a man with no issues and gosh who can enjoy life with me. Box 452204 **1**

ACTIVE TYPE Lively, energetic fun loving mum, 42, 5ft3, petite, pretty, blonde/brown hair, hazel eyes, WLTm honest, fun, mixed race/black gent, for lasting relationship. Box 451819 **1**

HOW YOU DOING? Attractive, curvy single mum, 44, kind, genuine, loyal and loving, seeking a man with similar qualities to share my life with. St Leonards-on-Sea. Box 459128 **1**

SWEET AS HONEY Petite, slim, honey-blond lady, 5'4" age 44, enjoys the seaside and horse-racing, looking for a dark-haired, genuine, honest and professional man, 25-50 in Brighton. Box 458485 **1**

LOVE TO MEET YOU Kind woman, 42, outgoing, happy-go-lucky, sometimes shy, likes gardening, socialising, travel, walks, looking for happy, fun fella. Aylesford Box 428464 **1**

STARTING OVER Divorced 45yr old cuddly woman, brown eyes/hair, likes swimming, animals, cinema, soaps, the beach. WLTm a honest, non-smoking man for friendship, maybe more. Ashford Box 878141 **1**

RECIPES FOR ROMANCE GSOH, honest, romantic and reliable woman, 45, dark blonde hair/blue eyes, WLTm honest and reliable man, 40-55, likes reading, cooking, walks, theatre, animals. Box 457521 **1**

TOO MUCH TO ASK? Divorced lady, 45, young looking, blonde, 5ft5. I'm well travelled and have many interests. WLTm black or mixed race, loving man for LTR. Chatham. Box 459246 **1**

GENUINE REPLIES ONLY Bubbly female, 44, brunette, n/s, medium/large build, enjoys singing and theatre. Would love to meet a decent fun-loving guy, similar age, pref non-smoker for LTR. Box 458595 **1**

MY PRINCE? Not-just-for-xmas dog lover, into sports, walks, motorbikes, GSOH, female, 47, pretty, long dark hair, looking for knight in shining armour! East Sussex area. Box 872961 **1**

ETERNALLY YOURS Easygoing woman, likes most things in life; country walks, films, cinema, cooking. I'm 46, 5ft2, medium build, WLTm genuine, happy guy, easygoing and fun. Box 445635 **1**

ARE YOU THE ONE FOR ME? Caring, cute female, 46, petite, likes socialising, dancing, travelling, good food, seeking intelligent, loyal man 42-52 for love and TLC. Seaford. Box 444366 **1**

BE MY FRIEND AND LOVER Bubbly, caring lady, 47, divorced with 2 teenagers, dark hair, medium build, into cooking, driving, love to talk, laugh and have fun, seeking a normal guy. Box 425952 **1**

TWO LOVELY LADIES UP FOR GRABS! Two bubbly divorced ladies, 48 and 50, looking for two normal divorced guys, early 30s, for happy times and romance. East Sussex Box 456876 **1**

ARE YOU LOVING AND CARING? Young 48 year old, loving, caring, very bubbly, 5ft5, medium build, blonde, blue eyes, likes clubs, cinema, eating, out, cosy nights, good company. Box 434089 **1**

INTO THE SUNSET Romantic lady, 50, 5'5", blue eyes brown hair, likes to travel, site see, go out, seeking a special man in my life. Dover. Box 460287 **1**

JUST IMAGINE Petite, brunette, bubbly, friendly, easygoing single mum, 49, enjoys cinema, eating out, socialising, most things, WLTm genuine male, to see where life takes us! Box 893562 **1**

CARING & PROFESSIONAL Female 49, 5ft4, long hair, slim build, likes eating out, the beach, travel, seeks a friendly chap, 48-55. Hastings Box 471100 **1**

NOTHING VENTURED... Hi there, I'm a Sussex based, 51yr old woman, I love eating out, historical sites etc, looking for kind gent for friendship, evenings out, maybe more. Box 459181 **1**

LOVELY BUBBLY Short 51yr old professional lady, likes history, films and reading, seeking a genuine gent, 45-58, with gosh to enjoy evenings out, stimulating conversations and fun. Box 452311 **1**

FUNNY GIRL Petite, blonde female, 51, GSOH, likes music, books, films, cooking, looking for romantic soul-mate 45-55 for TLC. Kent. Box 835181 **1**

COMPANIONSHIP, LAUGHTER, HOPEFULLY MORE Curvy & cuddly, outgoing, friendly, honest female, 53, 5ft7, larger build, fair hair, likes socialising, country walks, theatre, cinema, music, swimming, WLTm similar loving male. Box 443642 **1**

DO YOU HAVE THE BRAINS & THE LOOKS?! Professional, attractive female, 54, enjoys the countryside, gardening, keeping fit, reading and live music, looking to meet an attractive and intelligent man for a relationship. Box 448863 **1**

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HOLDING OUT FOR A HERO Londoner new to the area, 57, 5ft5, slim attractive blonde, seeking a man for serious relationship and lasting happiness. Box 449587 **1**

LET'S SEE WHAT HAPPENS! Smart petite lady, 56, 5ft4, tall, blonde hair, green eyes, likes restaurants, theatre, cinema, travel abroad, seeking happy guy with similar interests. Box 448795 **1**

ANIMAL LOVER Attractive lady, non-smoker, aged 57, GSOH, enjoys eating in/out, seeing friends, theatre, animals, and WLTm similar, non-smoking male. Box 452498 **1**

TIME TO LOVE Slim and active woman, 57, 5ft2, brown hair/green eyes, likes walking, riding, PC, animals, seeking a non-smoking genuine gent for a meaningful relationship. Rochester. Box 456773 **1**

MAKE A NEW FRIEND Fun-loving lady, 58, 5ft4, dark hair, single mum! Likes countryside walks, reading, cooking and cosy nights in, seeks similar male. Folkestone. Box 460420 **1**

DIVORCED Loving, kind, honest female, 58, 5ft6, interests include the countryside, old pubs, music, reading and baking, looking for that special someone to enjoy life with. Box 878455 **1**

WALKS ALONG THE COAST Honest & sincere female, 58, tall, GSOH, loves country pubs, coasts, cinema, seeking a man who's a match for me with GSOH for relationship. Box 441622 **1**

MUSIC TO MY EARS Hi my name's Christine, 59, 5'9", slim build, wear glasses, likes live music, theatre, playing darts, looking for slim build male, for friendship, possible more. Box 413914 **1**

DREAMS OF YOU Genuine, caring lady, late 50s, slim & young looking, looking for a loyal, considerate, N/S male for long term relationship. Box 448566 **1**

BRIGHTENING UP Cuddly lady, 61, 5ft5, blonde, likes swimming, country pubs, cinema and much more. WLTm tallish single man to hopefully brighten each others lives. Box 870214 **1**

SIMPLE PLEASURES Hi there, I'm a 61yr old lady, blonde hair/green eyes, medium build. I love dancing, walking by the sea and WLTm like minded gent. Box 459467 **1**

LOVE ME DO Loving and caring lady, 63, 5ft3, brown hair/eyes, likes most things in life, looking for a caring and considerate male for friendship, hopefully a LTR. Margate. Box 460082 **1**

SOMEbody TO LAUGH WITH... Loving lady looking for companionship, 63, 5ft3, medium build, brown hair/eyes, loves dancing, walks and animals; seeks similar male with great SOH for lasting happiness. Box 446382 **1**

HAPPILY EVER AFTER Happy-go-lucky attractive female, 65, petite, likes gardening, swimming and walking, looking for a honest and reliable man to share life with. Ashford Box 454370 **1**

MEANT TO MEET... Grounded lady of 73, looking for companionship with a similar gentleman who wants to share and enjoy all of life's pleasures. Box 453141 **1**

BEING WITH YOU I'm an honest, easygoing, young-looking, fit male, 40s, 5ft9, love live music, eating out, theatre, cinema and pubs, seeking a like-minded female. Box 893760 **1**

PUT THAT SPARK BACK INTO MY LIFE Virgo male, 40, 5ft7, stocky build, kind, loving, fine guy, enjoys the cinema, meals out, walks on beaches, WLTm like-minded person to be my girl. Box 446212 **1**

HIYA I'm a cute and laid-back guy, 41, 5ft8, short hair, athletic, very tactile, loving and spontaneous, likes shopping, travelling, eating in/out, hate football! Brighton. Box 450614 **1**

EVERYBODY'S FEELING HOT, HOT, HOT Exotic mixed race male, 42, 5'10", likes calypso, limbo dancing, seeks irresistible female from Swale, Medway for romantic sunsets. Box 868677 **1**

THE REAL THING Happy-go-lucky, fun-loving male, 42, 5ft9, brown eyes, medium build, likes nights out, travel, keeping active, seeking similar female for companionship. Box 441762 **1**

HAPPY CHAPPY Attractive male, 43, love enjoying life to the full, looking for a nice female, 50-55, to share special times with. Box 465621 **1**

VOLUPTUOUS LADY Curvy lady, 57, very loving and graceful, enjoy the beach, music, walking, theatre, and reading, looking for a lady 50-70. Box 458935 **1**

TRUE LOVE Fit and good-looking male, 44, 5ft8, dark hair/eyes, own house and reliable, looking for a woman to find true love with. Brighton Box 455727 **1**

WISHFULLY YOURS Warm hearted male, 44, 6ft, blond, blue eyes, charity support worker, enjoys keeping fit, cinema, football, driving, looking for a sincere woman for life. Box 454415 **1**

TO BUILD A RELATIONSHIP Hard-working, true gent, 44, reliable, trusting, loving, genuine, enjoys sports, cars, socialising, music, films, seeks oriental or black love of his life. Box 451917 **1**

ALL NIGHT LONG I'm 44, dark hair, blue eyes, 5ft6, loves the cinema and beach walks, music, nights in and out, cooking, seeking female 35-52 for promising relationship. Box 449992 **1**

INTRODUCE US Hi there! I'm a painter/decorator, and I enjoy doing things for charity, and seeing the lads. I'm male, 43, blond hair/blue eyes, slim build, 4 children. Box 451519 **1**

LONG-TERM THING Caring, romantic, loyal guy, 45, 5ft11, slim/medium build, brown hair and blue eyes, gosh, WLTm lady/single mum 25-40, slim/medium build. Hastings. Box 451334 **1**

GENUINE AND RELIABLE 44yr old single man, 5ft11, slim, brown hair/eyes, likes nights out/days in, looking for a mature curvy female for friendship, good times, hopefully something lasting. Box 452924 **1**

OFFER ME YOUR LOVE Easygoing male, 45, young looking, 6'4", tall, green eyes, short fair hair, Average build, WLTm like-minded lady, 30-48, for friendship and maybe more. Box 875789 **1**

ALONG THE SHORE Considerate, reliable guy, 44, slim build, 5ft11, likes days out, the coast, nights in, pubs. WLTm kind female, 30-52, for friendship, leading to LTR. Box 448919 **1**

TAKE MY HAND Genuine, honest man, 47, likes dining out, walking, looking to share the good life with a woman, 35-50. Deal, Kent. Box 460441 **1**

STAND BY ME 48yr old male, hazel eyes, dark hair, into DIY, cooking, football, very cuddly, GSOH and outgoing, interested in most things, seeking someone special. Box 877888 **1**

NEW BEGINNING Sincere genuine man, 47, 5ft9, cropped hair, blue eyes, clean shaven, divorced, looking to meet a nice woman to get to know in life. Eastbourne. Box 449554 **1**

GET BACK TO ME Good looking divorced man, 48, 6ft, likes keeping in shape, loves music and gigs; seeking slim lady, 30-40, relaxed, laid-back, for hopeful good relationship. Hythe. Box 460338 **1**

HAND IN HAND Romantic male, 50, 5'8", stocky, has dogs, looking for a genuine lady to spend quality time with. Winchelsea. Box 460477 **1**

NICE BLAD EYES! Young guy of 53, 5ft8, likes gardening, the sea and coast, travel, keeping active, seeking girl who wants to get to know this shy guy. Box 451106 **1**

BROWSE and listen line:
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(Live assistance, 2pm-5.30pm, Mon to Fri. Email: louise@g8wave.co.uk Calls cost 10p/min; contact your service provider for details)

MAKE A DATE Fun male 58" brown eyes, whitish hair, looking for an easy-going lady, likes going out, cinema or a meal, and bit of fun. Tunbridge Wells. Box 460283 **1**

LET ME COOK FOR YOU Sincere loving gent, 55, likes fishing and playing pool, football, staying active! Seeks caring, down-to-earth lady for love. Ramsgate. Box 460369 **1**

A VERY GOOD SOH... Hi I'm Male, 56, live by the sea, very youthful, 6ft, slim, tall, appreciates, very attractive apparently...! Enjoys the outdoors, seeks similar lady, Westgate-on-Sea. Box 460324 **1**

WHO KNOWS? Loyal honest guy, 56, 5ft10, slim build, short fair hair, enjoys life and motorcycling, seeking humorous lady with genuine nature for love. Box 448072 **1**

SHALL WE BARGAIN HUNT? Young-looking 57yr old, great SOH, hazel eyes, blonde hair, medium build, likes car-boot sales, WLTm friend first for drinks and maybe see how it goes. Box 448017 **1**

OVER TO YOU Down to earth, blue-eyed male, 58, 5ft9, likes fresh water fishing, the country side and home life, WLTm lady for a caring, loving relationship. Maidstone. Box 460448 **1**

BIT OF A ROMANTIC Single friendly helpful chap, 58, great SOH, young-minded looking, blonde hair, hazel eyes, loves car boot sales, walks along coasts, seeking soulmate to love. Hastings. Box 451492 **1**



PROPERTY NEWS

Developer's emphasis on picturesque plans

HILLREED Homes is proud to have what it calls "picturesque policy" for street scenes in new developments that highlight the landscape.

An example of the company's design policy can be seen at Highland Park, Green Fields Lane, Ashford.

This is a large development offering a wide range of homes, several of which are built on a gentle hillside so many owners benefit from spectacular views across the surrounding area.

"Providing homes in pleasant settings is part of Hillreed Home's policy," said marketing manager Jo Richards.

A spokesman for the company added: "The high-speed train is offering tremendous potential to open up the region, providing super-fast commuting to central London.

"The Channel Tunnel is equally accessible, with shops aplenty in Ashford backed up by easy-to-reach Maidstone.

"This is the area in which to invest as Government money is pumped into this highly desirable south-eastern part of the UK."

Buy-to-let market shows it's back in the groove

THE property slump which saw buy-to-let mortgages drop out of the market is now in a healthier state and they are coming back.

Hopes are growing that lenders may soon be starting to offer buy-to-let loans as demand for rental properties holds up.

Moneysupermarket.com reports the number of enquiries about buy-to-let mortgages has risen by almost 50 per cent in the last year.

However, there are now 70 per cent fewer products on the market.

Hannah Mercedes-Shenfield, at moneysupermarket, said: "With significantly fewer products left on the market and high interest rates attached to those available we could potentially have a ticking buy-to-let timebomb on our hands – the need for rental housing is increasing, but there may not be enough landlords to cater for this demand."

There is good news to report despite downturn

■ BY NICK AMES

THE Kent property market recorded an encouraging performance during 2008/09 despite the downturn, according to the latest Kent Property Market Report.

The report, launched to an audience of almost 200 property professionals at Ashford International Hotel, reveals that despite the challenging economic climate, office rental values in the county remained stable, growing by 0.4 per cent in comparison with the UK average, which fell by 3.8 per cent.

Kent Property Market Report, written by Kent County Council and property experts Cluttons LLP, is produced by investment promotion agency Locate in Kent.

It reviews property performance and major deals in Kent in the financial year April 2008 to March 2009 and provides insight into residential, retail and regeneration programmes and, for the first time, the rural property market.

Ashford is already benefiting from Southeastern's preview high-speed rail services, meaning journeys from Ashford International Station into London take only 37 minutes.

The launch of full services in December is likely to fuel further investment and growth in the town, pointing towards a positive and encouraging economic outlook.

Paul Carter, leader of KCC, said: "This report shows that Kent is resilient and is coming out of this recession fighting. Kent has fared well in comparison to the rest of the UK. At KCC we see regeneration as a major responsibility.

"We will continue to invest in roads, schools and major regeneration schemes such as those in Ashford.

"And as a county we must take full advantage of the opportunities presented by the arrival of high-speed rail services to Kent."

Ashford's Growth Area development strategy is making good progress, which includes planning approval for Victoria Way, a proposed



ENCOURAGING: The county has fared well over 2008/09 according to the latest Kent Property Market Report

new road that will improve access to the station and the town centre. The variety of regeneration projects in the town show encouraging signs for the future and included the mixed-use development Elwick Place, a new commercial office quarter near the train station and the new Herald building at Eureka Park.

Alison Owen, partner at Cluttons LLP, said: "Property developers have proved flexible this year in response to demand and are focusing efforts on smaller-unit schemes offering shorter-term lettings.

"Credit constraints are continuing to have an effect on both the residential and commercial property markets; however, the report shows that there continues to be an excellent supply of office space at affordable prices.

"Rural property assets have witnessed a real

resurgence in the last year, with investors looking for steady returns."

Paul Wookey, chief executive of Locate in Kent, said: "During the year, Locate in Kent recorded 246 new projects, representing an increase on last year, further proving that interest in Kent from UK and international investors remains strong.

"We will continue to aggressively target high-growth and high-value sectors, including financial and business services, software infrastructure technologies, life sciences and environmental technologies.

"We want to tap into the UK government's growth ambitions and Kent has a key role to play in helping the UK reach its full potential as a world class leader in environmental technologies."

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- Character property, NO CHAIN
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- 40ft detached workshop/garage

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Folkestone | Price Range: £270,000-£290,000

- 6 Bed, 3 Storey End Of Terrace With No Chain
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- Situated Within Close Proximity To Station

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- Conservatory, Fitted Kitchen
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St Marys Bay | Price Range: £210,000-£230,000

- 4 bedroom home just off the sea-front
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- generous landscaped gardens

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Folkestone | Price Range: £135,000-£150,000

- Spacious 2 Double Bed Apartment
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Folkestone | Price Range: £135,000-£150,000

- 3 Bed Terrace House With No Chain
- Double Glazing, Central Heating
- Potential For Off Street Parking

FOLKESTONE OFFICE | 01303 256505



Folkestone | Price Range: £115,000-£130,000

- 2 Bed Terrace House, No Onward Chain
- Lounge/Diner, Gas Central Heating
- Double Glazing, Courtyard Garden

FOLKESTONE OFFICE | 01303 256505



Littlestone | Price: £84,950

- Top floor one bed flat with sea views
- Ideal investment, 1st time buy or holiday home
- Off road parking. NO ONWARD CHAIN

NEW ROMNEY OFFICE | 01797 363745



For your ideal home, contact your local branch:

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EASTRY £ 329,950

Impressive detached family home, four bedrooms, living room, dining room, ground floor cloakroom, fitted kitchen, gardens to front, side and rear, parking, en-suite, triple aspects, private mews development. Immaculate.



NONINGTON £415,000

Det village loc, spacious accom, 4/6 bedrooms over 3 flrs, 3 receps, studio/annexe, p'king for several vhcls, cellar, generous gardens, garage and car port, open fireplaces, utility room, No onward chain!



SANDWICH £145,000

Two bedroom cottage situated in the market town of Sandwich, kitchen and living room to the ground floor, two bedrooms and family bathroom to the first floor. GFCH. Call now to view.



SANDWICH £275,000

Extended 3 Double Bedroom Home, Boasts Character, 3 Reception Rooms, Fitted Kitchen, Ground Floor WC with Shower, DG & GFCH, Garage, Ample ORR Garden To Rear. Potential For Further Extension, Subject to P/P & B/Regs.



WORTH £165,000

End terrace cottage, living/Dining room, kitchen, rear lobby, two bedrooms, first floor bathroom, generous sized rear garden, workshop/shed, driveway to front. Double-glazing, gas-fired central heating.



SHEPHERDSWELL £325,000

Immaculately presented family home. One of only three properties. South facing garden, fitted kitchen, living room, dining room, conservatory, four WC's, two en-suite shower rooms, family bathroom.



DEAL £295,000

Four bedroom semi detached character home, two reception rooms, kitchen breakfast room, gfl WC, off road parking, wealth of character, sought after location, no chain.



WALMER £199,950

2 bedroom detached bungalow, approx 100' rear garden, living room, kitchen/dining room with aspect over garden towards farmland, shower room. GFCH, DG, call now to view.



SANDWICH £287,500

This delightful period cottage is located within the conservation area. Three beds, lovely lawned garden, dining room, kitchen and living room, upstairs bathroom, well presented, period features.



EASTRY £125,00

This delightful first floor flat is part of a period house and boasts two bedrooms, living room, kitchen and bathroom with garden area and two single garages! Popular village location - Viewing recommended.



PRESTON £249,950

Immaculately presented, popular village of Preston, backing onto farmland. 3 bedrooms, plenty of parking, contemporary styled kitchen and bathroom, conservatory, wood burning stove, no onward chain. View now!



EASTRY £225,000

Detached three bedroom bungalow. Walled and secluded rear garden, spacious accommodation, scope for loft conversion, kitchen/breakfast room, living/dining room, double beds, int garage, driveway, no chain.



DEAL £157,500

Three bedroom semi detached house located nearby to local amenities. Accom comprises living room, dining room, conservatory, kitchen, and bathroom, there is also a WC to the first floor. Block paved parking, r. garden mltl.



SANDWICH £215,000

Two bedroom property situated within a private mews style development. Fitted kitchen, living/dining room, gfl WC, 2 beds and bathroom to the first floor and study/guest room with en-suite. Courtyard garden, garage, no chain.



WOODNESBOROUGH £215,000

Three bedroom detached bungalow, village location, off road parking, living/dining room, family bathroom with white suite, kitchen, double glazing, gas fired central heating, rear garden with timber built shed.



SANDWICH £360,000

Need acreage? This two/three bedroom semi detached cottage could be the answer! Paddocks approximately 1.25 acres, garden approximately .25 of an acre, stable blocks, within .5 of a mile of the heart of Sandwich!



SANDWICH £180,000

Set within the conservation area, conveniently located, two bedrooms, living/dining room, conservatory, courtyard garden overlooking the stream, double-glazing, central heating, garage and parking, ground floor WC, kitchen.



SANDWICH £430,000

Grade II listed period property offering versatile and spacious accom. Gfl business use, ORP, 4 bedrooms, two receps, beautiful courtyard garden. Call now to view.



DEAL £235,000

Three bedroom charming period cottage offering spacious and versatile accom. Living room with open fireplace, basement currently used as games room, dining room, conservatory, walled courtyard garden.



WORTH £399,950

Three bedroom detached period farmhouse situated on a plot of approx 1/3 acre including a barn, stables and garage. Living room with log burner, dining room, kitchen, boot room, conservatory, gfl sh room, ffl bathroom.



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New Romney 01797 363194

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Dover £149,950

A two bedroom purpose built flat. This top floor flat offers views across the town and beyond from the front and Castle views from the rear. It comprises a lounge/diner, kitchen with two bedrooms and a bathroom.

Dover Office

01304 207099



New Romney £309,995

Located in one of the most sought after roads in New Romney, this extremely well presented four bedroom detached house is situated on a corner plot with an open aspect to the rear.

New Romney

01797 363194



Dover Offers in excess of £140,000

Gateway flat refurbished to high standard. Lounge, kitchen with integrated appliances, bathroom with corner bath, two bedrooms, two balconies, central heating and double glazing. Viewing recommended.

Dover Office

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time **to sell...**

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and everything will fall into place!



Dover £155,000

Three bedroom extended semi detached house. Porch, Lounge, Diner, Study Area, Extended Kitchen, Landing, Bathroom/WC. Double glazing and gas central heating. Viewing is highly recommended.

Dover Office

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Folkestone £159,995

Ideal family home. Three bedroom end of terrace. Lounge, kitchen and conservatory. Spacious rear garden with side and rear access. Being sold with no forward chain.

Folkestone Office

01303 250757



Folkestone Offers in excess of £275,000

Commuters dream. Five bedroom substantial family home has a lot on offer including two reception rooms, conservatory, 20ft kitchen diner, situated on the doorstep of Folkestone West Railway Station.

Folkestone Office

01303 250757



Elvington £94,950

No Chain. Two bedroom semi detached house. Entrance hall, kitchen and lounge. The first floor offers two double bedrooms and family bathroom. Rear garden, front garden with driveway, central heating and double glazing.

Kearsney Office

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Eythorne Offers in excess of £165,000

Three bedroom semi detached house. Fitted kitchen. Gas central heating. Double glazing.

Kearsney Office

01304 823714



Lydd £105,000

In need of some TLC, this three bedroom mid terrace house benefits from three double bedrooms, enclosed rear garden and utility area and has the added advantage of being sold with no chain.

New Romney

01797 363194



Dymchurch Offers in excess of £140,000

Modern three bedroom semi-detached house offering lounge / diner to the rear, kitchen / breakfast room, garage and off road parking.

New Romney

01797 363194

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Countrywide

AYLESHAM



OIEO £85,000

Top floor maisonette in village location with two bedrooms, double glazing, gas central heating and garage.

DOVER



OIEO £100,000

Two bedroom terrace house with double glazing, gas central heating and rear garden.

DOVER



OIEO £110,000

Three bedroom terrace house with two reception rooms, double glazing, gas central heating and rear garden. No chain.

DOVER



OIEO £125,000

Three bedroom semi detached home with living room, kitchen/diner, off street parking and front and rear gardens.

DOVER



£129,995

Three bedroom terrace house with two reception areas, double glazing, gas heating, rear garden.

DOVER



£132,500

Three bedroom terrace house in popular village location. Viewing recommended.

DOVER



£149,995

Terraced family home including lounge/diner, kitchen/breakfast room, three double bedrooms and rear garden.

DOVER



OIEO £155,000

Well presented two bedroom first floor apartment in central location. Garage en bloc. Viewing recommended.

DOVER



ASKING PRICE £160,000

Four bedroom end of terrace family home is good decorative order. Viewing recommended.

DOVER



£167,500

Four bedroom mid terrace character property with two reception rooms, double glazing, gas central heating and garden.

DOVER



£225,000

Three bedroom detached bungalow, in popular village location of Lydden, garage, internal viewing strongly recommended.

DOVER



£225,000

Detached house with four bedrooms in favoured village location with access to local amenities and train station.

DOVER



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Two bedroom, fourth floor retirement apartment. Lift access. Warden and care line facility. Communal areas with variety of activities.

PUBLIC NOTICE



First Floor Flat 52 Castle Hill Avenue, Folkestone, Kent, CT20 2RE

We are acting for the mortgagees have received an offer of £105,000 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts can take place.

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Situated in the west end location a two bedroom purpose built flat. Benefits include double glazing, communal garden and garage.

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£149,995

Offered for sale with no chain! Two bedroom semi detached house with off road parking and a garage. Internal viewing is highly recommended.

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£159,995

A three bedroom family home with lounge diner, part double glazing, central heating and rear garden.

FOLKESTONE



£159,995

Sought after Leas location. One bedroom. Sun terrace with awning. No chain. Sea views.

FOLKESTONE



OIEO £160,000

Three bedroom family home in the sought after Cheriton area. Offered with no chain. Viewing recommended.

FOLKESTONE



£164,995

Ground floor two bedroom flat in sought after West End location. Excellent condition throughout. viewing recommended.

FOLKESTONE



£175,995

Extended three bedroom family home in sought after area. Garage and parking. Good condition throughout. Viewing recommended.

SANDGATE



£214,995

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- Investors and first time buyers
- 1 bedroom terrace
- GCH



FOLKESTONE £199,995

FOLKESTONE OFFICE HFP03058

- 3 bedroom semi detached
- GCH/DG
- Newly fitted kitchen



CHERITON £149,995

FOLKESTONE OFFICE HFP03015

- 2/3 bed terraced
- Superb condition throughout
- Landscaped garden



FOLKESTONE £149,995

FOLKESTONE OFFICE HFP02724

- 3 Bedroom family home
- Lounge/diner, extended kitchen
- Double glazing, play area to loft



SANDGATE £274,995

FOLKESTONE OFFICE HFP03016

- 4 bedroom mid-terraced
- Superb ground floor conversion
- Sea views and no chain



DOVER £139,995

FOLKESTONE OFFICE HFP03087

- 3 bedroom terrace
- Allocated parking
- Rear garden



MARINE CRESCENT £184,995

FOLKESTONE OFFICE HFP02339

- Two bedroom flat
- Two bathrooms
- Front and rear gardens



SEA FRONT LOCATION £179,995

FOLKESTONE OFFICE HFP03013

- 2 bedroom apartment
- 2 bathrooms and private garden
- No chain



FOLKESTONE £220,000

FOLKESTONE OFFICE HFP02270

- Very large apartment in West End location
- Two bed/Two reception rooms
- Study/Own private rear garden



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- Two bedroom terraced house
- Modern kitchen, new bathroom
- Lounge/Diner and garden



FOLKESTONE £129,995

FOLKESTONE OFFICE HFP03117

- 2 bedroom terraced
- Recently renovated
- No chain

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Source: net sales figures from
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SHEPHERDSWELL £375,000

FOLKESTONE OFFICE HFP03047

- 4 bed extended bungalow
- Balcony & two bathrooms
- Countryside views and no chain



ELVINGTON £140,000

FOLKESTONE OFFICE HFP02870

- Two bedrooms
- Garage & Parking
- No chain



HAWKINGE £205,000

FOLKESTONE OFFICE HFP02738

- Modern 3 bedroom detached
- 2 Receptions, cloakroom
- En suite & garage/driveway



FOLKESTONE £180,000

FOLKESTONE OFFICE HFP02967

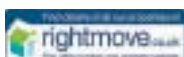
- 2 bed detached bungalow
- Garage and off road parking
- South facing rear garden



CHERITON £224,990

FOLKESTONE OFFICE HFP03097

- 4 bedroom semi-detached
- good sized rear garden
- no chain



FOLKESTONE £134,995

FOLKESTONE OFFICE HFP02515

- 4 Bedroom family home
- 2 Receptions, modern kitchen
- Well presented, call to view



FOLKESTONE £89,995

FOLKESTONE OFFICE HFP03064

- One bed garden flat
- Popular location
- Must be seen



TOWN CENTRE £99,995

FOLKESTONE OFFICE HFP02905

- One bed apartment
- Newly built
- No chain



FOLKESTONE £134,995

FOLKESTONE OFFICE HFP03105

- Three bedroom terraced
- Fully renovated
- No chain

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FOLKESTONE £329,950

FOLKESTONE OFFICE HFP01920

- Seven Bed Semi Detached House
- 3 Reception rooms and 2 Bathrooms
- Medium garden up to 60ft



FOLKESTONE £174,995

FOLKESTONE OFFICE HFP03039

- 4 Bedroom terraced
- Superb decorative order
- Large rooms



CHERITON £190,000

FOLKESTONE OFFICE HFP02990

- Superb three bedroom house
- 2 bathrooms
- Garage and no chain



HOMEPIKE HOUSE £114,995

FOLKESTONE OFFICE HFP03098

- 2 bedroom apartment
- private balcony
- retirement apartment



CHERITON £169,995

FOLKESTONE OFFICE HFP03027

- 3 bedroom mid terraced
- Lounge/Diner
- DG and GCH



CHERITON £144,995

FOLKESTONE OFFICE HFP03056

- 3 bedroom end of terrace
- Lounge/diner
- Front and rear garden



SHORNCIFFE CRESCENT £259,995

FOLKESTONE OFFICE HFP03115

- 3 bedroom semi
- Off road parking
- Large rear garden



FOLKESTONE £249,995

FOLKESTONE OFFICE HFP03074

- Three bed detached bungalow
- Garage and garden
- Cul-de-sac location



FOLKESTONE £295,000

FOLKESTONE OFFICE HFP03091

- 6 bedroom semi detached
- Off road parking
- Viewing advised



FOLKESTONE £164,995

FOLKESTONE OFFICE HFP03090

- 4 bedroom terrace
- Close to seafront
- GCH & DG



CHERITON £209,995

FOLKESTONE OFFICE HFP03112

- 3 bed detached bungalow
- Fully renovated
- No chain



CHERITON £184,995

FOLKESTONE OFFICE HFP02941

- 4 bedroom terraced house
- 3 reception rooms
- No chain



CHERITON £89,995

FOLKESTONE OFFICE HFP03001

- One bedroom apartment
- Recently refurbished
- No chain



SANDGATE £109,995

FOLKESTONE OFFICE HFP02937

- One bed apartment
- Walking distance to beach
- Off road parking



THE GRAND £269,995

FOLKESTONE OFFICE HFP03014

- Stunning three bed apartment
- 2 turrets and large balcony
- Sea views and en-suite



THE METROPOLE £364,995

FOLKESTONE OFFICE HFP03114

- 4 bedroom third floor apartment
- Sea views and balcony
- Parking and store room



METROPOLE £225,000

FOLKESTONE OFFICE HFP03089

- 3 bedroom apartment
- Sea views and no chain
- Fully renovated



FOLKESTONE £157,500

FOLKESTONE OFFICE HFP02930

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WEST END £185,000

FOLKESTONE OFFICE HFP03060

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FOLKESTONE OFFICE HFP03008

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- GOING THROUGH RE-FURB
- NO CHAIN



DOVER £129,995

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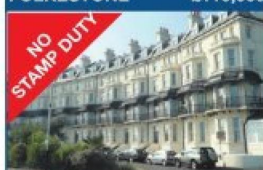
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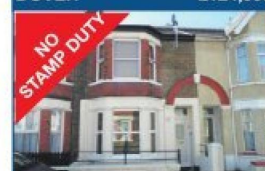
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MOTORS NEWS



Dramatic new look for sixth generation Astra

VAUXHALL'S most dramatic Astra yet arrives in showrooms for December.

Styling echoing that of the Insignia launched earlier in 2009, is just part of the appeal. The sixth generation Astra also has a quality interior and even more class than its capable predecessor.

There is a revamped engine line-up including two feisty low capacity turbocharged petrol engines – more evidence of a fight back against diesel. A five-door Astra arrives first with a three-door and estate to follow.



Landie' proves to be a classic readers' pin-up

BRITISH classic, the Land Rover Defender, topped a readers' poll by What Car?

The magazine's editor Steve Fowler said: "The Land Rover Defender has always had a devoted following. It's far from the most sophisticated car on the road, but its no-nonsense approach and longevity are what our readers like most about it."

Other winners in the 2009 Reader Awards included: Fiat 500 (supermini), Jaguar XJ (executive/luxury), Audi A5 (coupé) and Mazda MX-5 (open-top).



Remote control driving is not such a bad idea

CARS that drive themselves can become reality within ten years, says a European project called SARTRE (Safe Road Trains for the Environment).

This technology alliance, led by UK automotive developer Ricardo and including Volvo Cars, believes road trains – particularly on motorways – can speed traffic flow and journey times, boost driver comfort and reduce accidents, fuel consumption and CO2 emissions with much of the technology already available.



RETRO CLASSIC: The stunning new-look Jaguar XF echoes the brand's old style 'grace and pace' and comes complete with the company's most powerful diesel engine so far

End of Groundhog Day nightmare for Jaguar

JAGUAR has broken free from an automotive Groundhog Day of years re-creating the styling of its 60s heyday.

Its middleweight XF (from £33,200) model re-wrote the style book last year – soon to be joined by an equally radical XJ.

It announced that Jaguar was ready to innovate again and the XF just got better too with the new 272bhp V6 3.0-litre S twin-turbodiesel (from £36,900) version tested here – Jaguar's most powerful diesel so far.

It might have escaped trad Jag styling, but the stunning new look echoes the brand's old style 'grace and pace' advertising.

The engine feels lively yet sensible too and shows how far diesel engines have come lately; there is a pleasing resonance more like a gutsy petrol unit and a smooth power delivery.

Most muscle comes from the larger turbo, with the smaller kicking in at 2,800rpm, enabling the car to be both Jaguar and pussy cat.

It responds with dismissive ease when called to overtake, whether the seamless six-speed auto gearbox is in standard or sport mode.

ROAD TEST JAGUAR XF

BY STEVE LOADER

STAR QUALITY

| | |
|----------------|-------|
| Driving appeal | ★★★★★ |
| Image | ★★★★★ |
| Space | ★★★★★ |
| Value | ★★★★★ |
| Running costs | ★★★★★ |
| Reliability | ★★★★★ |
| Green rating | ★★★★★ |

The latter tightens up throttle and steering response and is the perfect partner to manual selection via steering wheel paddles, allowing you to exploit the rear driven chassis' sure-footedness beneath a typically well-sorted ride quality.

But it is tempting to just idle around knowing the Jag can dash to 60mph in under six seconds yet, driven normally, average around 40mpg with CO2 emissions of 179g/km or road tax Band I (£175/yr) – impressive for a rapid and relatively big car.

A junior version of the same engine developing 237bhp rather than 271bhp is even more frugal yet still outperforms the 3.0-litre V6 petrol XF, which is only marginally cheaper – who is going to buy that now?

If that heresy rattles G 'n' T's down at the Jaguar gentlemen's club, then the XF interior should send the ice cubes into orbit.

It is emphatically not old style-style 'clubby' Jaguar. The use of wood is understated and the leather wears minimal stitching while the detail is techno. The control set all works beautifully and there is even a big boot and folding rear seat backs for longer loads – a far cry from the pinched back ends of those Groundhog Days.



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| £6499 | £99 | £153.23 | £35 | £9512.80 |
| APR 17.8% TYPICAL | | | | |



56 Ford Focus 1.4 Zetec Hatchback Manual 115PS 5dr

| Cash Price | Deposit | 60 Monthly Payments | Weekly Equivalent | Total Amount Payable |
|------------|---------|---------------------|-------------------|----------------------|
| £6499 | £99 | £129.29 | £29 | £8076.40 |
| APR 18.1% | | | | |



07 Plate Ford Mondeo 1.8 LX Estate 5dr Manual Petrol

| Cash Price | Deposit | 60 Monthly Payments | Weekly Equivalent | Total Amount Payable |
|------------|---------|---------------------|-------------------|----------------------|
| £6499 | £99 | £153.23 | £35 | £9512.80 |
| APR 17.8% | | | | |



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when using scrappage scheme and taking Ford finance

| Cash Price | Deposit | 36 Monthly Payments | Weekly Equivalent | Total Amount Payable |
|------------|---------|---------------------|-------------------|----------------------|
| £13999 | Nil | £299.84 | £69.19 | £16107.24 |
| APR 7.9% | | | | |



56 Plate Ford Ka Hatchback Hatchback 1.3 Manual Petrol

| Cash Price | Deposit | 60 Monthly Payments | Weekly Equivalent | Total Amount Payable |
|------------|---------|---------------------|-------------------|----------------------|
| £5499 | £99 | £129.29 | £30 | £8076.40 |
| APR 17.5% | | | | |



Brand New Ford Fiesta Style+ 1.25 82ps 3dr Save £2421
when using scrappage scheme and taking Ford finance

| Cash Price | Deposit | 36 Monthly Payments | Weekly Equivalent | Total Amount Payable |
|------------|---------|---------------------|-------------------|----------------------|
| £10299 | Nil | £219.62 | £50.66 | £12011.32 |
| APR 7.9% | | | | |

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|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------|
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| REG NEW SHAPE FORD KA 1.2 STUDIO 3DR METALLIC SCUBA, 700 MILES | £7799 | 06 REG FORD FOCUS 1.6 GHIA 5DR AUTO CHOICE OF COLOURS, 14000 MILES | £8599 | |
| FIESTA | | 08 REG FORD FOCUS PETROL ZETEC CLIMATE 5 DR 1.6 DURATEC SEA GREY, 41900 MILES | £8899 | |
| 55 REG FORD FIESTA 1.4 TDCI ZETEC 5DR CLIMATE METALLIC MOONDUST SILVER, 28500 MILES | £5699 | 08 REG FORD FOCUS DIESEL 1.8 TDCI ZETEC 5DR CLIMATE CHOICE OF COLOURS, 40700 MILES | £9299 | |
| 55 REG FORD FIESTA 1.4 TDCI ZETEC 5DR CLIMATE METALLIC MOONDUST SILVER, 28500 MILES | £5699 | 57 REG FORD FOCUS DIESEL 1.6 TDCI GHIA 5DR CHOICE OF COLOURS, 44500 MILES | £9299 | |
| 56 REG FORD FIESTA 1.4 ZETEC 3DR CLIMATE RED, 14000 MILES | £5899 | 57 REG FORD FOCUS DIESEL 1.8 TDCI TITANIUM 5DR CHOICE OF COLOURS, 42900 MILES | £9499 | |
| 57 REG FORD FIESTA 1.25 STYLE 5DR CLIMATE CHOICE OF COLOURS, 47000 MILES | £6199 | 57 REG FORD FOCUS DIESEL 1.8 TDCI TITANIUM 5DR CHOICE OF COLOURS, 42400 MILES | £9499 | |
| 57 REG FORD FIESTA 1.25 STYLE 5DR CLIMATE CHOICE OF COLOURS, 40200 MILES | £6299 | 57 REG FORD FOCUS DIESEL 1.8 TDCI ZETEC 5DR CLIMATE RED, 8300 MILES | £9899 | |
| 57 REG FORD FIESTA 1.25 STYLE 5DR CLIMATE CHOICE OF COLOURS, 42300 MILES | £6399 | 58 REG FORD FOCUS STYLE 5 DR 1.6 DURATEC 100 PS S CHOICE OF COLOURS, 16600 MILES | £10899 | |
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| 58 REG FORD FIESTA 1.4 ZETEC 5DR BLUE, 12900 MILES | £10999 | 06 REG FORD FOCUS C-MAX ESTATE 2.0 ZETEC 5DR AUTO CHOICE OF COLOURS, 26900 MILES | £7799 | |
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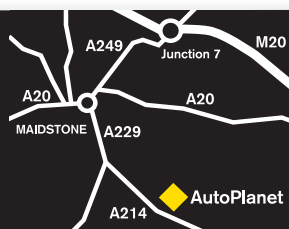
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Model shown Octavia SE 1.9TDI PD 105bhp hatch at £16,320 RRP including front fog lamps and metallic paint before £3,500 saving is applied.

Official fuel consumption in mpg (litres/100km) for the Skoda Range: Urban 19.2 (14.7) – 53.3 (5.3), Extra-urban 38.2 (7.4) – 83.1 (3.4), Combined 28.0 (10.1) – 68.9 (4.1). CO2 emissions for the Skoda Range 109 – 235g/km.

Models shown are Octavia vRS hatch 2.0T FSI 200bhp at £19,015 RRP including optional metallic paint and Fabia 2 hatch 1.2 12V HTP 70bhp at £11,200 RRP including optional white roof and 16" 'Atrio' alloy wheels before price reduction is applied. Offer available on all Fabia and Octavia models ordered before 31st October 2009 at participating retailers only. Reduction applied to the RRP including factory fitted optional extra and is equivalent of VAT at 15%. VAT is applicable and will be shown on the customer's invoice. †Savings shown relate to RRP's of the Fabia Scout 1.9TDI PD 105bhp and the Octavia L&K estate 2.0TDI PD 140bhp DSG. Excludes the channel islands. *Minimum 50% deposit required, over 2 years. Indemnities may be required, subject to status. Skoda Finance. Freeport Skoda Finance. Offers may be varied or withdrawn at anytime and are not available in conjunction with the Government's scrappage scheme.

AMICA, CDX 5dr, pj07dbu, abs, air bag, immobiliser, central locking, remote central locking, air conditioning, stereo, rear wash/wipe, rear spoiler, front fog lamps, automatic electric windows, radio, child locks, head restraints, locking wheel nuts, cloth upholstery, air conditioning, 13" alloys, tinted glass, 4 speakers, heated rear window, tachometer, body colour door handles, body colour bumpers, front door pockets, pas, full size spare wheel, leather steering wheel, audible lights on warning, mudflaps front and rear, seatbelt pretensioners, height adjustable front seatbelts, boot light, front wipers with variable intermittent facility, leather gear knob, headlamp levelling, body colour door mirrors, 50/50 split folding rear seat, ashtray and cigar lighter, seatback hooks, interior light, front seatback pockets, black bodyside mouldings, remote fuel flap release, seatbelt warning, front underseat storage trays, 13" alloy wheels, front cupholders, 2 rear 3 point safety belts, door/boot open warning light, blue, 4000 miles, £5995, Welling, 0208 303 4030 (TRADE)

COUPE, 2.0I SE, y458tkk, remote central locking, immobiliser, full leather, head restraints, power steering, abs, air bag, colour coded body, metallic paintwork, rear wash/wipe, electric mirrors, electric windows, air conditioning, sunroof, cd player, radio, 16" alloys, blue, 57000 miles, £2299, Maidstone, 01622 200 100 (TRADE)

LANTRA, Gsi, y989hmx, immobiliser, cloth upholstery, head restraints, power steering, air bag, colour coded body, metallic paintwork, rear wash/wipe, cd player, air conditioning, electric mirrors, electric windows, aluminium silver, 67000 miles, £1999, Maidstone, 01622 200 100 (TRADE)

JAGUAR

S-TYPE, V6 SE Auto, re04 wgd, air conditioning, climate control, full leather, power steering, parking sensor, traction control, trip computer, cruise control, adjustable steering column, electric windows, electric mirrors, auto-dip rearview, remote central locking, remote alarm, centre armrest, electric seats, heated seats, height adjustable seat, rear headrests, front fog lamps, rain-sensing wipers, auto lighting, twin air bags, curtain airbags, abs, cd player, radio, steering wheel audio controls, electric handbrake, alloy wheels, silver, 41700 miles, £9995, Plumstead, 020 8855 4000 (TRADE)

X-TYPE, V6, ay02 fto, air conditioning, power steering, abs, remote central locking, remote alarm, front fog lamps, rear headrests, parking sensor, cloth upholstery, height adjustable seat, adjustable steering column, electric windows, electric mirrors, traction control, radio cassette, twin air bags, curtain airbags, alloy wheels, silver, 91200 miles, £4495, Plumstead, 020 8855 4000 (TRADE)

KIA

PICANTO, LX 5dr, rk56wca, abs, air bag, alarm, central locking, remote central locking, air conditioning, electric front windows, electric windows, rear wash/wipe, automatic electric windows, mp3 player, child locks, head restraints, cloth upholstery, isofix, air conditioning, 4 speakers, side impact protection, tachometer, digital clock, front ashtray and cigar lighter, detachable audio security panel, glovebox, 14" steel wheels, security window etching, tilt adjustable steering wheel, full wheel covers, remote fuel flap release, 3 point rear seatbelts x3, load area cover, sunglasses storage, front passenger grab handle, with covers, load area light, front console with cup holder, driver's seatback pocket, body colour radiator grille, instant mobility system, roof mounted aerial, 60/40 split fold rear seat back, 4 speed front ventilation fan, height adjustable front seatbelts + pretensioners, passenger seat side pocket, body colour electric adjustable door mirrors, sliding sunvisors, high level rear brake light, coat hooks, cabin air filter, aluminium silver, 10000 miles, £5995, Welling, 0208 303 4030 (TRADE)

LAMBORGHINI

DIABLO, 1998, purple metallic with cream leather, 57000 miles, £59950, Kent, 01795426700 (TRADE)

LAND ROVER

DEFENDER, 90 TDI Station Wagon, j38trp, power steering, rear wash/wipe, tow pack, sunroof, 4x4, 7 seater, road tax (plg) is £190 per year. white, 106000 miles, £5995, Staplehurst, 01580 890333 (TRADE)

DISCOVERY, TD5 GS Automatic, y673toa, remote alarm, remote central locking, cloth upholstery, adjustable steering column, power steering, traction control, abs, twin air bags, metallic paintwork, tow pack, electric mirrors, electric mirrors, twin sunroofs, cruise control, side steps, roof rails, headlamp jetwash, front fog lamps, alloy wheels, 4x4, road tax (diesel can) is £215 per year. metallic red, 81000 miles, £7995, Staplehurst, 01580 890333 (TRADE)

LDV

MAXUS, Lwb 3.5/95 Refrigerated Chiller / Freezer, bv57hru, dual passenger seat, side load door, cd player, air bag, abs, remote central locking, power steering, immobiliser, electric windows, gpr lined, gah fridge. electric standby available if required. over fifty fridge vans in stock. www.BHRY.co.uk, white, 26000 miles, £3995, Sevenoaks, 01474 853034 (TRADE)

LEXUS

GS, 300 se auto, 2005, silver metallic with grey full leather, 34000 miles, £15950, Kent, 01795426700 (TRADE)

IS, 200 SE, av54 bxy, air conditioning, climate control, full leather, parking sensor, front fog lamps, remote central locking, remote alarm, rear headrests, electric seats, height adjustable seat, adjustable steering column, heated seats, electric windows, electric mirrors, powered folding mirrors, electric sunroof, traction control, radio cassette, multi-disc cd player, twin air bags, curtain airbags, abs, auto lighting, alloy wheels, silver, 20100 miles, £3995, Plumstead, 020 8855 4000 (TRADE)

RX, 300 3.0 se auto, 2004, black metallic with beige leather, 72000 miles, £10950, Kent, 01795426700 (TRADE)

RX, 300 SE Auto, eo04 uud, air conditioning, climate control, full leather, front fog lamps, roof rails, rear headrests, remote central locking, remote alarm, electric seats, heated seats, centre armrest, height adjustable seat, adjustable steering column, electric windows, electric mirrors, cruise control, radio cassette, multi-disc cd player, powered folding mirrors, abs, power steering, electric sunroof, auto-dip rearview, trip computer, twin air bags, side air bags, curtain airbags, parking sensor, alloy wheels, 4x4, grey, 78600 miles, £11995, Plumstead, 020 8855 4000 (TRADE)

MAZDA

323, Gsi 5dr Auto, ey53 fso, air conditioning, front fog lamps, remote central locking, remote alarm, rear wash/wipe, rear headrests, abs, power steering, cloth upholstery, height adjustable seat, cd player, adjustable steering column, electric windows, electric mirrors, radio cassette, twin air bags, electric sunroof, traction control, alloy wheels, silver, 15900 miles, £5995, Plumstead, 020 8855 4000 (TRADE)

MAZDA2, 2 S 5dr, lv04umj, abs, air bag, immobiliser, alarm, central locking, remote central locking, power steering, cd player, brake assist, radio, cloth upholstery, isofix, black door handles, height adjustable front headrests, driver/passenger sunvisors and lidded vanity mirrors, headlamp levelling, body colour bumpers, 14" steel wheels with full wheel covers, auto remote control in steering wheel, front/rear assist grips, projectair headlamps, height adjustable rear seatbelts, 2 speakers, body colour side mouldings, full size spare wheel, height adjustable steering wheel, height adjustable front seatbelts, heated rear window, retractable luggage cover, floor mounted centre storage with cupholders, 3 rear height adjustable headrests, variable intermittent front wash/wipe, three 3 point rear seatbelts, black manually adjustable door mirrors, driver/passenger front seatback pockets, 60/40 asymmetric split folding rear seat, front grille with chrome upper, 3 point elr front seatbelts with pretensioners, c-pillar black out, driver's seat height adjustment, header mounted/front door operated courtesy light, 2 speed tailgate wash/wipe, deadlocks, audible lights on warning, high mounted stop lamp, front and rear storage pockets, blue, 23000 miles, £4695, Welling, 0208 303 4030 (TRADE)

MAZDA2, 2 Antares 5dr, gj55ugw, immobiliser, remote central locking, cloth upholstery, colour coded interior, height adjustable seat, adjustable steering column, power steering, abs, child locks, twin air bags, colour coded body, metallic paintwork, rear spoiler, rear wash/wipe, electric front windows, air conditioning, cd player, visit our website for details of 50 simiAR Cars. silver, 37000 miles, £4990, Kent, 01342 851122 (TRADE)

MAZDA6, 6 Ts 5dr, ap57bpk, alarm, central locking, immobiliser, remote central locking, cloth upholstery, head restraints, height adjustable seat, rear headrests, adjustable steering column, power steering, abs, isofix, multiple airbags, radio, cd player, electric mirrors, electric windows, air conditioning, 16" alloys, blue, 17000 miles, £10995, Welling, 0208 303 4030 (TRADE)

MERCEDES-BENZ

A CLASS, A200 Avantgarde new shape auto AMG alloys/Leather, fe05vhy, remote alarm, remote central locking, full leather, centre armrest, folding rear seats, rear headrests, cruise control, multi-function steering wheel, power steering, traction control, abs, multiple airbags, isofix, auto lighting, colour coded body, front fog lamps, metallic paintwork, rear wash/wipe, xenon headlamps, headlamp jetwash, electric mirrors, electric windows, air conditioning, cd player, radio, heated seats, electric seats, 17" alloys, 17" amg alloys, heated seats, electric seats, always over 60 mercedes-benz cars in stock! we will not be beaten on price! fully fSA regulated, cosmos black metallic, 43000 miles, £10995, Welling, 0208 8548037 (TRADE)

C CLASS, C200 CDI Diesel Sport auto latest model VAT 0, rk58vtn, remote alarm, remote central locking, full leather, centre armrest, electric seats, rear headrests, cruise control, multi-function steering wheel, power steering, traction control, abs, isofix, multiple airbags, auto lighting, colour coded body, front fog lamps, metallic paintwork, electric mirrors, electric windows, powered folding mirrors, air conditioning, climate control, cd player, radio, steering wheel audio controls, 17" alloys, vat qualifying, amg body kit, 17 amg alloys, always over 60 mercedes-benz cars in stock! we will not be beaten on price! fully fSA regulated, tenorite grey metallic, 10000 miles, £22995, Welling, 0208 8548037 (TRADE)

MG

MGF, 1.8i convertible, 1998, green metallic with black cloth, 64000 miles, £1950, Kent, 01795426700 (TRADE)

MINI

COOPER, 3dr Auto, ra04 fsx, power steering, abs, electric windows, electric mirrors, remote central locking, remote alarm, rear wash/wipe, rear headrests, front fog lamps, cloth upholstery, height adjustable seat, adjustable steering column, electric sunroof, twin air bags, side air bags, side air bags, alloy wheels, gold, 40700 miles, £7995, Plumstead, 020 8855 4000 (TRADE)

ONE, 1.6 manual, 2002, blue metallic with black and grey cloth trim, 23000 miles, £6850, Kent, 01795426700 (TRADE)

MITSUBISHI

COLT, Equippe 1493cc 5 door, 2004, cd player central locking driver's airbag power steering history check electric windows, silver, 62670 miles, £3995, Sittingbourne, 01795 476222 (TRADE)

L200, Warrior, fg57cwt, privacy glass, remote central locking, cloth upholstery, colour coded interior, head restraints, height adjustable seat, rear headrests, 3-person rear seat, adjustable steering column, power steering, abs, air bag, multiple airbags, colour coded body, metallic paintwork, front fog lamps, side steps, electric mirrors, electric windows, air conditioning, cd player, 4x4, black, 38000 miles, £11000, Sevenoaks, 01474 853034 (TRADE)

NISSAN

ALMERA, Tino SE, m02 arz, air conditioning, remote central locking, remote alarm, rear wash/wipe, rear headrests, abs, power steering, cloth upholstery, height adjustable seat, adjustable steering column, electric front windows, electric mirrors, cd player, radio, twin air bags, electric sunroof, blue, 77400 miles, £2995, Plumstead, 020 8855 4000 (TRADE)

CARSTAR, 2.5dCi 130hp 3.5T SC BASIC+ SWB, gf09xad, cloth, carbon, alarm, driver's airbag, nats immobiliser system, single cd player, flame red, 5 miles, £14995.0000, Canterbury, 01222 766777 (TRADE)

MICRA, 1.6 16v Essenza, ex56cgg, part leather, inca/leather, 16" alloy wheels, 6 cd autchanger, abs with ebd and brake assist, active front headrest system, adaptive audio system, adjustable steering wheel, aluminium kickplates, auto open roof, automatic climate control, body coloured bumpers, body coloured door handles, body coloured door mirrors, c-view glass roof, central door locking, drive computer, driver's and passengers airbag, electric front windows, electric heated door mirrors, electronic stability program (esp), front fog lamps, front side airbags, headlamp levelling, heated front seats, height adjustable driver's seat, intelligent key, isofix anchorage points, leather steering wheel, power assisted steering (pas), pacific blue, 21000 miles, £8995.0000, Canterbury, 01222 766777 (TRADE)

NAVARA, Adventura, fg57wvk, remote central locking, privacy glass, full leather, centre armrest, electric seats, heated seats, lumbar support, folding rear seats, rear headrests, 3-person rear seat, adjustable steering column, colour satnav, multi-function steering wheel, cruise control, power steering, trip computer, traction control, abs, air bag, auto lighting, colour coded body, front fog lamps, metallic paintwork, roof rails, side steps, electric windows, electric mirrors, climate control, electric sunroof, radio, multi-disc cd player, bluetooth, steering wheel audio controls, head restraints, 17" alloys, 4x4, grey, 21000 miles, £13745, Sevenoaks, 01474 853034 (TRADE)

NOTE, 1.6 16v TEKNA, aa08obw, part leather, chicane/leather, 16" alloy wheels, 6 cd autchanger, 60-40 split/folding rear seat, active front headrest system, anti-lock braking system (abs), automatic rain sensing wipers, bluetooth integration, body coloured bumpers, body coloured door handles, body coloured door mirrors, brake assist, central door locking, climate control air conditioning, curtain airbags, drive computer, driver's and passengers airbag, electric brake distribution (ebd), electric front windows, electric heated door mirrors, electric rear windows, engine immobiliser, front fog lamps, front side airbags, isofix anchorage points, power assisted steering (pas), privacy glass (rear side windows), remote control keyless entry, blade silver, 6000 miles, £9995.0000, Canterbury, 01227 766777 (TRADE)

QASHQAI, 2.0dCi TEKNA 4x4, na58uhy, leather, black, 17" alloy wheels, 3 rear headrests, 6 cd autchanger, abs with ebd and brake assist, active front headrest system, alarm, anti-dazzle rear view mirror, automatic rain sensing wipers, bluetooth integration, body coloured door handles, body coloured door mirrors, climate control air conditioning, cruise control, drive computer, electric heated door mirrors, electric panoramic sunroof, electric windows, engine immobiliser, front fog lamps, front side and curtain airbags, headlamp washers, headlamp-on buzzer, heated front seats, height adjustable driver's seat, intelligent key, leather steering wheel, power assisted steering (pas), rear park system, remote central locking, xenon headlamps, black, 16500 miles, £18495.0000, Canterbury, 01227 766777 (TRADE)

PEUGEOT

206, Verve 3dr, lv03hba, central locking, immobiliser, remote central locking, cloth upholstery, folding rear seats, rear headrests, adjustable steering column, power steering, rear wash/wipe, electric front windows, cd player, radio, air conditioning, 13" alloys, blue, 26000 miles, £3995, Welling, 0208 303 4030 (TRADE)

206, Allure SE Coupe Cabriolet, lv53oxd, remote central locking, immobiliser, full leather, head restraints, power steering, air bag, colour coded body, metallic paintwork, rear wash/wipe, power hood, electric mirrors, electric front windows, air conditioning, cd player, 16" alloys, aluminium silver, 48000 miles, £6299, Maidstone, 01622 200 100 (TRADE)

206, LX 3dr, x149mkk, remote central locking, cloth upholstery, head restraints, power steering, air bag, colour coded body, metallic paintwork, rear wash/wipe, cd player, air conditioning, electric windows, electric mirrors, blue, 56000 miles, £2999, Maidstone, 01622 200 100 (TRADE)

206, Roland Garros 5dr, v313pkm, remote central locking, immobiliser, full leather, head restraints, power steering, twin air bags, colour coded body, metallic paintwork, rear wash/wipe, air conditioning, electric mirrors, adjustable steering column, panoramic sunroof, multi-disc cd player, radio cassette, front fog lamps, folding rear seats, rear headrests, 14" alloys, green, 83000 miles, £2999, Maidstone, 01622 200 100 (TRADE)

406, v6, 2000, silver, 0 miles, £1295, Dover, 01304 242324 (TRADE)

RENAULT

CLIO, Dynamique 16v 5dr, fn07sgz, remote central locking, immobiliser, cloth upholstery, head restraints, power steering, colour coded body, metallic paintwork, rear wash/wipe, electric mirrors, air conditioning, cd player, height adjustable seat, folding rear seats, rear headrests, front fog lamps, abs, multiple airbags, isofix, adjustable steering column, electric front windows, 15" alloys, aluminium silver, 29000 miles, £6999, Maidstone, 01622 200 100 (TRADE)

KANGOO, Expression 16v, lv03znr, power steering, electric front windows, immobiliser, remote central locking, central locking, cloth upholstery, colour coded interior, abs, child locks, twin air bags, front fog lamps, rear wash/wipe, electric mirrors, visit our website for details of 50 simiAR Cars. blue, 79000 miles, £3690, Kent, 01342 851122 (TRADE)

LAGUNA, 2.0dci 1501e, 2008, silver metallic with beige leather, 53000 miles, £8950, Kent, 01795426700 (TRADE)

ROVER

25, I 16v 3dr, gj51mfa, immobiliser, cloth upholstery, head restraints, power steering, air bag, colour coded body, rear wash/wipe, stereo, blue, 63000 miles, £1999, Maidstone, 01622 200 100 (TRADE)

45, Impression L 5dr, gy51ocv, remote central locking, full leather, head restraints, power steering, colour coded body, metallic paintwork, rear wash/wipe, air conditioning, cd player, electric windows, immobiliser, adjustable steering column, adjustable stability control, trip computer, abs, child locks, twin air bags, front fog lamps, rear wash/wipe, electric front windows, electric mirrors, air conditioning, cd player, visit our website for details of 50 simiAR Cars. red, 39000 miles, £4990, Kent, 01342 851122 (TRADE)

SAAB

9-3, S Turbo Eco, w233ppg, full leather, power steering, colour coded body, metallic paintwork, power hood, electric mirrors, electric windows, cd player, remote central locking, immobiliser, head restraints, rear headrests, abs, twin air bags, adjustable steering column, height adjustable seat, air conditioning, climate control, radio, steering wheel audio controls, front fog lamps, headlamp wash/wipe, 16" alloys, metallic cayenne red, 47000 miles, £2499, Maidstone, 01622 200 100 (TRADE)

9-5, Tid Sport, lf06dzu, alarm, immobiliser, remote central locking, cloth upholstery, centre armrest, height adjustable seat, rear armrest, adjustable steering column, cruise control, multi-function steering wheel, parking sensor, power steering, stability control, trip computer, abs, child locks, side air bags, twin air bags, trip computer, steering wheel audio controls, alloy wheels, visit our website for details of 50 simiAR Cars. black, 58000 miles, £8490, Kent, 01342 851122 (TRADE)

SEAT

IBIZA, Fr TDi 3dr, gp54hdc, remote central locking, immobiliser, cloth upholstery, head restraints, power steering, twin air bags, colour coded body, metallic paintwork, air conditioning, electric windows, electric mirrors, cd player, 17" alloys, blue, 70000 miles, £6499, Maidstone, 01622 200 100 (TRADE)

LEON, 1.6 S 5dr, ek51glt, immobiliser, remote central locking, cloth upholstery, head restraints, height adjustable seat, folding rear seats, rear headrests, adjustable steering column, power steering, abs, child locks, twin air bags, metallic paintwork, rear wash/wipe, electric front windows, air conditioning, cd player, radio, alloy wheels, visit our website for details of 50 simiAR Cars. silver, 64000 miles, £3290, Kent, 01342 851122 (TRADE)

SKODA

FABIA, Ambiente Htp, av05yul, immobiliser, remote central locking, cloth upholstery, colour coded interior, height adjustable seat, adjustable steering column, power steering, stability control, trip computer, abs, child locks, twin air bags, front fog lamps, rear wash/wipe, electric front windows, electric mirrors, air conditioning, cd player, visit our website for details of 50 simiAR Cars. red, 39000 miles, £4990, Kent, 01342 851122 (TRADE)

OCTAVIA, Elegance TDi 5dr, af06pxc, alarm, immobiliser, remote central locking, cloth upholstery, colour coded interior, centre armrest, height adjustable seat, lumbar support, rear armrest, adjustable steering column, cruise control, parking sensor, power steering, stability control, trip computer, abs, child locks, side air bags, twin air bags, front fog lamps, headlamp jetwash, metallic paintwork, rear wash/wipe, auto-dip rearview, electric mirrors, electric windows, dual climate zones, cd player, alloy wheels, visit our website for details of 50 simiAR Cars. metallic red, 64000 miles, £7490, Kent, 01342 851122 (TRADE)

SUZUKI

CARRY, Jify 'Style' Hot & Cold Catering Vending Truck, dx03thy, large refrigerated display, large oven, handwash facilities, white, 37000 miles, £7995, Sevenoaks, 01474 853034 (TRADE)

IGNIS, GL WLT-S 5dr, ef06tcy, central locking, immobiliser, remote central locking, cloth upholstery, head restraints, adjustable steering column, power steering, isofix, multiple airbags, colour coded body, radio, cd player, electric front windows, electric mirrors, blue, 17000 miles, £5995, Bexleyheath, 01322 524 680 (TRADE)

JIMNY, J1X J15, lg56cvc, abs, air conditioning, full leather, air bag, immobiliser, central locking, remote central locking, electric front windows, rear wash/wipe, roof rails, front fog lamps, automatic electric windows, radio, head restraints, cloth upholstery, 4x4, full size spare wheel, pas, halogen headlights, tinted glass, centre console with cupholders, driver's vanity mirror with cover/ticket holder, antenna, high mounted rear brake light, pretensioners, heated electricdoor mirrors, 2 speed wipers+intermittent wipe, heated rear window, visible vehicle identification number, lights on warning, digital clock, headlamp levelling, 3 passenger grab handles, 50/50 split folding rear seat backrest, body colour door handles, 15" 5 spoke alloy wheels, side impact protection beams, front door pockets, folding exterior mirrors, hard spare wheel cover, leather steering wheel, twin sunvisors with passenger's mirror, towing hook, trip counter, collapsible steering column, height adjustable front seatbelt anchorage points, front door armrests, lockable glovebox, colour coded bumpers, luggage compartment, body coloured door mirrors, steering lock, sliding/fully reclining front seats, walk-in sliding passenger seat system, moulded quarter trim with pocket/cup holder, 3 position interior light, 4wd "on" indicator, 4 speed air flow control, reclining/fold forward rear seats, suzuki's drive select 4x4 system, ashtray and cigar lighter, body colour spare wheel cover, grey, 8000 miles, £7995, Welling, 0208 303 4030 (TRADE)

TOYOTA

COROLLA, T2 WLT-1 5dr, gj05jxx, remote central locking, immobiliser, cloth upholstery, head restraints, power steering, colour coded body, metallic paintwork, rear wash/wipe, air conditioning, electric windows, cd player, adjustable steering column, abs, isofix, twin air bags, height adjustable seat, folding rear seats, rear headrests, ixion blue, 42000 miles, £5499, Maidstone, 01622 200 100 (TRADE)

COROLLA, Verso T Spirit WLT-1, nh04cca, remote central locking, immobiliser, cloth upholstery, head restraints, power steering, dvd player, abs, twin air bags, colour coded body, metallic paintwork, rear wash/wipe, electric mirrors, electric windows, air conditioning, cd player, 16" alloys, aluminium silver, 56000 miles, £7499, Maidstone, 01622 200 100 (TRADE)

YARIS, Verso GLS WLT-1, mm51tzd, air conditioning, electric front windows, 14" alloys, blue, 52000 miles, £4995, Welling, 0208 303 4030 (TRADE)

VAUXHALL

AGILA, Design 1229cc 5 door, 2009, cd player central locking approved driver's airbag multiple airbags power steering history check electric windows, moroccan blue, 2200 miles, £8295, Sittingbourne, 01795 476222 (TRADE)

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AUTOMATICS

(05) **Kia Picanto 1.1 LX Auto**, 5 Dr, Red, Air Conditioning, PAS, Remote C/Locking, E/Windows, ABS, CD Player; 1 34200 MILES, S/History, Ins.Grp 3, RFL £120 p.a. **£4495**

(03) **Renault Clio 1.2 Expression Semi-Auto**, 3 Dr, Burgundy, PAS, Remote C/Locking, E/F/Windows, ABS, CD, Sunroof, 31300 Miles, Ins.Gp 4, RFL To Feb 2010. **£3695**

(R) **Toyota Starlet 1.3 Sportif Auto**, 3 Dr, White, Power Steering, Rear Wash/Wipe, CD Player, Part S/History, 39300 Miles, Ins.Gp 4, RFL £125 Per Year **£1995**

MANUALS

(56) **Suzuki Jimny 1.3 J1X+**, 3 Dr, Black/Silver, 4 WD, Part Leather Trim, Air Con, PAS, Central Locking, E/F/Windows, CD Player; 1 Lady Owner, 19200 Miles, Ins.Gp 7 **£5995**

(07) **Daihatsu Sirion 1.3 SE**, 5 Dr, Met.Blue, Air Conditioning, PAS, Remote C/Locking, E/Windows, ABS, Alloys, CD, 1 Owner, 11000 Miles, Ins.Gp 5, Rear Park Sensors **£5995**

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(56) **Peugeot 107 1.0 Urban**, 3 Dr, Met.Blue, Air Conditioning, PAS, Remote C/Locking, E/F/Windows, ABS, CD , 31300 MILES, Service History, Ins.Grp 1, RFL £35 p.a. **£5495**

(53) **Toyota Corolla 1.4 T3**, 5 Dr, Silver, Air Conditioning, PAS, Remote C/Locking, E/F/Windows, ABS, Alloys, CD Player, 38800 Miles, S/History, Ins.Grp 4, RFL £150 p.a. **£5495**

(04) **Daihatsu Charade 1.0 SL**, 5 Dr, Gold, Air Conditioning, PAS, C/Locking, E/F/Windows, ABS, CD, Low Mileage, 6000 Miles, Ins.Gp 5, RFL £35 p.a.; Up to 60 Mpg **£3995**

(04) **Suzuki Ignis 1.3 GL**, 5 Dr, Met.Grey, Power Steering, Central Locking, E/F/Windows, ABS, CD , 26000 Miles, 1 Owner, Service History, Ins.Grp 5, RFL £150 p.a. **£3895**

(X) **Honda Logo 1.3i**, 3 Dr, Silver, Air Conditioning, PAS, Remote C/Locking, E/F/Windows, ABS, 1 Owner, ONLY 21000 MILES, S/History, Ins.Grp 3, RFL £125 p.a. **£2995**

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STORMING: Dover thrashed Sidcup on Saturday

RUGBY

Sharks rampant in Sidcup rout

Sidcup 9 Dover 33

DOVER produced some of their best rugby of the season so far as they comprehensively beat Sidcup to leapfrog them into London 1 South's top four.

Martyn Beaumont scored three of the Sharks' five tries for their third successive league win despite missing several key players to injury.

Dover played into the wind in the first half but were still able to build a lead. After an early Sidcup penalty, the visitors hit back at a scrum, when Ben Vick and Ben Sedgwick combined to release Beaumont for an easy try, converted by Nick Ford.

On the half hour mark they extended their lead, forcing a turnover which led to Beaumont touching down again. Ford kicked the extras.

Although the visitors were winning the battle up front, Sidcup's backs were still a threat. Their fly-half kicked two penalties before the break to narrow the gap to 14-9. Dover made good use of the wind at their backs in the second-half and were able to build on their lead without conceding a point.

Trigger Davison was the first to score, collecting a pass from a line-out before bulldozing his way through several tackles to touch down under the posts. The conversion made it 21-9.

The game ebbed and flowed but Dover remained on top and the next score was created from a turnover in the centre of the field. The ball was spread wide to Ricky Mackintosh who stormed 30 metres up field before his overhead pass found Beaumont, who grabbed his hat-trick, which was again converted.

Ford rubbed salt into the wound with the final score of the game.

PLEASE SEND YOUR SPORTS STORIES TO SPORTS EDITOR GLENN PEARSON AT
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ON TARGET: Dover striker Adam Birchall watches a header narrowly miss the target in Saturday's frenetic defeat at the hands of Eastleigh, which knocked them out of the FA Cup

Hessenthaler sees red as Dover bow out of FA Cup

FOOTBALL

BY TOM HOWARD

Dover Athletic 3

Schulz 29, Browning 61, Birchall pen 90



Eastleigh 5

Taggart 11 & 35, Jordan 46, Gillespie 60, Forbes 74



DOVER'S FA Cup defeat at the hands of Eastleigh on Saturday has forced manager Andy Hessenthaler to downgrade the club's ambitions this season.

The Whites' boss was sent off in a tempestuous cup tie at Crabble as his side again fell just short of reaching the first round proper. It was the first time Hessenthaler had suffered back-to-back defeats during his time in charge at Dover, following a 3-2 midweek defeat in the league to Basingstoke Town.

After an impressive start to the season, Athletic looked on course for a third straight promotion, but Hessenthaler admitted it might

not be the best thing for the club. He told this newspaper: "Confidence is down and we had a defeat on Tuesday and it feels like the end of the world as people's expectations here are so high. A play-off place this season would be an excellent achievement. Maybe we need a year in this Blue Square South to see what we need for promotion."

Hessenthaler made four changes to the side beaten by Basingstoke, with new signing Dave Wilkinson replacing Lee Hook in goal.

Eastleigh went ahead on 11 minutes through Tony Taggart's skidding drive. They might have added to their lead against a ponderous-looking Dover defence, but the hosts weathered the storm and levelled through Olly Schulz.

Parity only lasted six minutes as Eastleigh edged in front for a second time. A free-kick from Peter Adeniyi was met by Taggart on the volley and the ball flew past Wilkinson into the net, which separated the sides at the break.

The second-half started in the worst possible fashion for Dover, as Eastleigh netted a third goal from a corner, a minute after the restart. Tom Jordan was unmarked at the back post and he calmly nodded past Wilkinson.

Schulz and Adam Birchall missed good chances before Eastleigh made it 4-1 on the hour when a defensive mix-up allowed Richard Gillespie to tap home. Browning immediately

Dover starting XI



Suits used: Hughes (Rocastle 45), Miller (Rogers 74), Hessenthaler (Browning 74)

pulled a goal back and felt aggrieved when they had a goal disallowed and a penalty appeal turned down in quick succession.

Andy Forbes then sealed victory to make it 5-2 and the game got worse for Dover as Hessenthaler was shown a straight red card for a sliding challenge six minutes after coming on as a substitute. Adam Birchall scored from the penalty spot in injury time, completing the score.

Hessenthaler said: "Defeats are all too common at the moment. We can't really keep conceding like we have - we're always chasing games and it makes it very difficult to get results."

• Dover were at home to Woking last night, log on to www.yourdover.co.uk for the report. The Whites visit Dorchester on Saturday.

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Defensive tactics 'made us feel like Real Madrid'

FOOTBALL

BY DAVID PRITCHARD

Whyteleafe 0

Folkestone Invicta 1

Austin 81

NEIL Cugley was left baffled by Whyteleafe's defensive tactics in front of their home fans which made Folkestone feel like "Real Madrid."

Invicta stayed top of the Ryman South thanks to Simon Austin's late winner. The striker's first goal for the club came nine minutes from time after good work from Darren Smith. At the other end Jack Delo was a virtual spectator for long periods against an overly cautious Leafe.

Cugley told Yourshepway: "They played so defensively, playing one up front and getting men behind the ball to make it difficult for us. I found that strange, especially as they were the home side, because it made us feel like we were Real Madrid."

"When you're at the top people think you're great – we're not bad but we're not so good teams should go really defensive. It's a compliment to us but it doesn't make it very enter-



ASSIST: Darren Smith laid on the only goal for Simon Austin against an overly-defensive Whyteleafe

taining for the spectators. I'd rather both teams tried to play attacking football."

Cugley handed Pete Williams his first start for the club after scoring as a substitute in their previous league game against Walton Casuals. With Jimmy Dryden still out with an ankle injury, Austin partnered Williams up front.

Whyteleafe's tactics surrendered the majority of possession and territory to the visitors. The Seasiders gratefully accepted the invitation, but the closest they came to breaking the

Folkestone starting XI



Subs used: Grant (Dickson 45), J Everitt (Williams 75), Thomson (Austin 85)

deadlock in the first-half was a Smith header which was well saved.

Cugley threw on Dean Grant as a third striker at half-time to try and capitalise on Whyteleafe's approach, but the game looked to be heading for a stalemate. The decisive moment came on 81 minutes when Smith embarked on a surging run into the box and found Austin, who slotted home.

All that remained was for Invicta to close out their seventh clean sheet in 11 league games to stay one point clear at the top.

The Seasiders have next weekend off due to a gap in the fixtures after failing to rearrange one of their forthcoming games.

Cugley said: "I'd rather play. We could have played a couple of teams but because we're top no one wants to play us at the moment. We'll train instead and it gives the players a chance to recover from any niggles they've picked up."

Folkestone hosted Sittingbourne at the Buzzlines Stadium last night. Log on to www.yourshepway.co.uk for the report.

RUGBY



DEFEAT: Folkestone went down to East Grinstead

Stones suffer a third loss on the bounce

Folkestone 13 East Grinstead 14

FOLKESTONE succumbed to their third successive league defeat as they let a 13-0 lead slip to lose narrowly against in-form East Grinstead.

Stones coach Lee Jeffery again had to rearrange his pack, making five changes including two new signings, Jack McMurray and Karmo Lomp.

The enforced changes did not help the home side and the experienced East Grinstead pack quickly took charge of the scrums. Fortunately the backs produced an excellent display, with Ben Brooks and Adam Tolman combining especially well to pose a constant threat.

Folkestone got off to a great start in miserable conditions with a try in the first minute. Ben Brooks' hopeful kick forward should have been dealt with, but Ollie Brooks' pressure forced a mistake, allowing him to score out wide for a dream start.

The conversion was missed but Richard Lama extended the lead with a penalty shortly afterwards.

Folkestone continued to make most of the running and only a superb tackle denied Ollie Brooks a second try as his barnstorming run was halted inches from the line. It only delayed Folkestone and before the break Ollie Brooks did double his tally out wide to make it 13-0 at half-time.

Playing with the wind in the second half, East Grinstead pushed hard to get back into the game. They reduced the deficit to six points with a penalty try before the rest of the game developed into a war of attrition.

The visitors probed before finally finding a gap following a line-out which they exploited for a second try. The conversion was successful, giving them a one-point lead.

Folkestone created one glorious chance to re-establish their advantage, but were again denied by a superb tackle.

This weekend Folkestone visit Camberley in the EDF Vase.

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(Not including midweek games)
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| 15 Sittingbourne | 9 | 3 | 4 | 2 | +1 | 13 |
| 16 Whyteleafe | 11 | 4 | 0 | 7 | -12 | 12 |
| 17 Walton Casuals | 10 | 2 | 4 | 4 | -3 | 10 |
| 18 Ashford Town | 11 | 2 | 3 | 6 | -20 | 9 |
| 19 Eastbourne Town | 11 | 1 | 5 | 5 | -7 | 8 |
| 20 Harsham YMCA | 10 | 1 | 4 | 5 | -10 | 7 |
| 21 Chislehead | 11 | 1 | 4 | 6 | -13 | 7 |
| 22 Whitstable Town | 10 | 2 | 0 | 8 | -19 | 6 |

KENT LEAGUE PREMIER DIVISION

| | | | | | | |
|------------------------|----|---|---|---|-----|----|
| 1 Faversham Town | 10 | 9 | 1 | 0 | +21 | 28 |
| 2 Heme Bay | 9 | 9 | 0 | 2 | +8 | 19 |
| 3 Erith & Belvedere | 9 | 6 | 0 | 3 | +4 | 18 |
| 4 Beckenham Town | 9 | 5 | 1 | 3 | +6 | 16 |
| 5 Greenwich Borough | 10 | 4 | 3 | 3 | +2 | 15 |
| 6 Erith Town | 7 | 3 | 3 | 1 | +6 | 12 |
| 7 Sevenoaks Town | 9 | 3 | 3 | 3 | +3 | 12 |
| 8 Fisher | 11 | 3 | 2 | 6 | -8 | 11 |
| 9 Holmesdale | 9 | 3 | 1 | 5 | -2 | 10 |
| 10 Sporting Bengal Utd | 9 | 3 | 1 | 5 | -12 | 10 |
| 11 Hythe Town | 5 | 2 | 2 | 1 | +8 | 8 |
| 12 Deal Town | 7 | 2 | 2 | 3 | +6 | 8 |
| 13 Tunbridge Wells | 7 | 1 | 4 | 2 | 0 | 7 |
| 14 Norton Sports | 9 | 2 | 1 | 6 | -6 | 7 |
| 15 Corinthian | 7 | 0 | 3 | 4 | -11 | 3 |
| 16 Lordswood | 7 | 0 | 2 | 5 | -13 | 2 |

FIXTURES

(Saturday): Blue Square South: Dorchester Town v Dover Athletic; Kent League Premier Division: Hythe Town v Norton Sports, Tunbridge Wells v Deal Town

Cook and Yianni ensure Hythe are in next round

FOOTBALL

Hythe Town 2 Tunbridge Wells 1 (Hythe

win 5-2 aggregate)

MICHAEL Yianni scored for the third successive game as Hythe Town booked their place in the next round of the Premier Division Cup.

The midfielder, who joined on a dual registration from Folkestone earlier this month, put Town ahead on 14 minutes. It virtually settled the tie following Hythe's 3-1 first leg win at Tunbridge Wells a week earlier.

Dave Cook made it 5-1 on aggregate before Mike Lord pulled a goal back for the visitors just before half-time. Despite the goal it left Wells too much of a deficit to make up and the game petered out in the second half.

After a succession of cup games, Town can finally concentrate on the league, starting at home to Norton this Saturday.

Deal Town also booked their place in the next round with a 4-3 aggregate victory against Lordswood. Starting with a 2-1 lead from the first leg, Dave Bathgate put Town in front on 15 minutes and the home side were firmly in control when Mo Takaloo doubled the advantage four minutes after the break.

Lordswood, struggling at the bottom of the Kent League table, were handed a lifeline just after the hour mark when Josh Davidson put through his own net. They set up a tense finish when Alec Osborne levelled the second leg at 2-2, but the Lords could not find a third goal to square the aggregate scores.

Deal visit Tunbridge Wells in the league this Saturday.



PROGRESS: Hythe (in yellow) safely came through in the cup against Tunbridge Wells at the weekend

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ts are found at most hospitals.
being very ill or are badly injured,
rator that there is a medical
e sent to your location.

When and Why?

Emergency services are very busy. They should only be used in very serious or life-threatening situations.

Choosing well ensures that essential treatment is given, in the shortest possible time

Walk-in centres

Walk-in centres are located across eastern Kent for minor injuries and give you health advice. They are open until late in the evening. You will be seen by an experienced nurse.

When and Why?

Use your local minor injuries unit or walk-in centre if you need medical treatment or advice which does not need a visit to A&E or a medical appointment.

Choosing well ensures you receive the best possible treatment, leaving emergency services to those who need them most.

For details of your local minor injuries unit or walk-in centre call **0845 46 47** or visit **www.nhsdirect.co.uk**

GP surgeries are located across eastern and coastal Kent. Make an appointment with a GP surgery for medical problems. You can visit your home outside of opening hours by contacting your local surgery and follow the recorded message.

When and Why?

Make an appointment with your local GP surgery when you have an illness or injury that will not go away this winter.

Choosing well ensures that you get the treatment you need, and reduces the demand on emergency services.

For details of your nearest GP surgery call **0845 46 47** or visit **www.nhsdirect.co.uk**

Pharmacies are located across eastern and coastal Kent. Visit your local pharmacy for advice on common winter illnesses and the treatment you need.

When and Why?

Visit your local pharmacy when you are suffering from a common winter health problem which does not require being seen by a nurse or doctor.

Choosing well ensures you get the treatment you need in the shortest possible time, reducing the pressure on essential NHS services.

For details of your nearest pharmacy call **0845 46 47** or visit **www.nhsdirect.co.uk**

Get expert advice and information by telephone, on the NHS Direct line, 24 hours a day. You can also visit **www.nhsdirect.nhs.uk** or use the NHS Direct app on Sky Digital's interactive service.

When and Why?

Contact NHS Direct if you are ill and have any questions about health. The service can also help you to find health services in your local area.

Choosing well ensures you get expert advice in the shortest possible time, meaning busy NHS services can help those who need them most.

Self-care is the best choice to treat very minor illnesses and injuries. You can get advice on self care from the NHS Direct app or website.

When and Why?

Self-care is the best choice to treat very minor illnesses and injuries.

Choosing well ensures you receive the rest and recovery you need, meaning busy NHS services can help those who need them most. For advice on self care call **0845 46 47** or visit **www.nhsdirect.co.uk**

Why choose well?

During winter, more people get ill or are injured than at other times of the year.

This means that the services provided by the National Health Service (NHS) are needed more than ever.

This information will help you decide if you need medical attention if you get sick. It explains what each NHS service does, and when it should be used.

Choosing well means you will get the best treatment this winter. It also allows busy NHS services to help the people who need them most.

Useful information

There are some easy ways you can lower your risk of getting ill this winter:

- When you cough or sneeze use a tissue, and then put it in the bin and wash your hands.
- Stay warm by making sure your home is heated, and by wearing lots of layers of clothing.
- Have many hot meals and drinks to keep your temperature and strength up.
- If you smoke, consider quitting to improve your circulation and general health. In case you do get ill, it is good to be prepared with essential medicines:
 - Paracetamol or aspirin.
 - Anti-diarrhoeal medicine.
 - Oral rehydration mixture.
 - Indigestion remedy.
 - Plasters.
 - A thermometer.

Remember, if you need any extra advice contact NHS Direct:

0845 4647

www.nhsdirect.nhs.uk

FREEVIEW channel 108, or page two on Sky Digital's interactive service.